

## HEART: SELF

One thing that touched your heart on this trip.

Martha from the Museum of Tolerance was open to share her story of her marriage after the war (WWII). Tim was brave to share his life prejudicing all people in his community and how he found a new sense of belonging.

## MIND: LEARNED

One thing that you learned on this trip.

The principals to leadership are friendliness, relevance, empathy. We learned this in Leadership Legacy from BJ.

## HAND: ACTION

One thing you want to put into action after going on this trip.

- Work on my elevator speech. An elevator speech that describes me as a student senator in ASCC.
- Start planning the Basic Computer Skills Workshop w/ committee.

## HEART: SELF

One thing that touched your heart on this trip.

The compassion and selfless acts that we read about that people did for Holocaust survivors.

## MIND: LEARNED

One thing that you learned on this trip.

leadership comes <sup>with</sup> ~~from~~ the help of ~~team~~ team foundation

## HAND: ACTION

One thing you want to put into action after going on this trip.

Sticking to my plan in order to achieve it and reach my goal as accordingly

## HAND: ACTION

One thing you want to put into action after going on this trip.

One thing that I want to definitely put into action is the awareness on what is happening in the world right now. Perhaps adding to the awareness went series a global awareness event.

## MIND: LEARNED

One thing that you learned on this trip.

One thing I learned on this trip is that ~~sometimes~~ very often attitude is everything. Working with BS was a unique experience not only because it is important to know where you want to go, but also because it is important to know why are we the best person to do it.

## HEART: SELF

One thing that touched your heart on this trip.

One thing that touched my heart was about the ability to forgive or rather move on from the holocaust

Learned about how  
people got to  
certain beliefs - and  
how they can be changed.

One thing that you learned on this trip.

## MIND: LEARNED

## HAND: ACTION

One thing you want to put into action after going on this trip.

Have trainer like BJ on campus  
to help other students the  
same way he helped us.

## **MIND: LEARNED**

**One thing that you learned on this trip.**

There is no one specific thing I can point out. There was so much I learned.

## **HEART: SELF**

**One thing that touched your heart on this trip.**

The images at the Museum were very touching. It made me put my-self in their situations.

One thing that you learned on this trip.

Everyone has his/her own strength and unique personality. By coordinating people thoughtfully, we as a ~~g~~ team can achieve anything ~~was~~ we want.

### HAND: ACTION

One thing you want to put into action after going on this trip.

Help ~~to~~ reduce the inequities on campus and make sure every student at Cañada is well-served and can succeed. Such actions can be the workshops we are implementing on campus to educate people on canvas; also my own project - the restaurant partnership - should be a benchmark for next semester

### HEART: SELF

One thing that touched your heart on this trip.

The Museum of Tolerance showed me the importance of eliminating inequality and respecting everyone. Especially the holocaust has made me more aware of the harm of racism, which motivates me to ~~not~~ ~~refuse~~ protect people's basic rights.

## HAND: ACTION

One thing you want to put into action after going on this trip.

Have more conversations with the senate members to create a more trusting, more inclusive community at Canada.

## HEART: SELF

One thing that touched your heart on this trip.

One thing that touched my heart on this trip is the connection between ~~all~~ all the senate members.

Other thing that touched my heart is having empathy for others.

## MIND: LEARNED

One thing that you learned on this trip.

I have learned that understanding and empathizing with one another is extremely important & that leadership is a group effort. No one can be a leader just by themselves.

## HAND: ACTION

One thing you want to put into action after going on this trip.

I will start to ~~not~~ apply for jobs in my career field, ~~not~~ whether it's something simple like a front desk job, or waiting until after I transfer to really look ~~at~~ at all the requirements in a detailed manner.

## HEART: SELF

One thing that touched your heart on this trip.

Jungle Gym Exercise: ←

As soon as I asked the lady the question, it warmed my heart that she <sup>was</sup> comfortable enough to share about something that was important to her.

## MIND: LEARNED

One thing that you learned on this trip.

~~continued~~ ~~compassion~~  
to have  
compassion & empathy  
for others in order to



## MIND: LEARNED

One thing that you learned on this trip.

To always believe  
I can achieve  
any goal I set  
my mind to, no  
matter how long  
it takes.

## HEART: SELF

One thing that touched your heart on this trip.

The Holocaust  
survivor and her love  
of life, to have  
a happy meaningful  
life.

## HAND: ACTION

One thing you want to put into action after going on this trip.

More events that  
helps ~~make~~  
students and motivates

## MIND: LEARNED

One thing that you learned on this trip.

I learnt that if I want to achieve my goal or dream I should work hard towards it and take risks even if it doesn't make sense.

## HEART: SELF

One thing that touched your heart on this trip.

The speaker at the museum touched my heart. When I heard about the Holocaust I just thought it was something that happened in Germany only and not the whole of Europe. Her survival is essential. What touches me a lot is how people easily followed the Hitler movement when they could have easily abstained.

## HAND: ACTION

One thing you want to put into action after going on this trip.

I want to set goals weekly, monthly and yearly. I am sure that if I am ambitious enough and work hard I

## HEART: SELF

One thing that touched your heart on this trip.

Listening to the Holocaust survivor speak about her experiences in a concentration / labor camp and the rest of her life.

## MIND: LEARNED

One thing that you learned on this trip.

I really should plan out my goals. I have an idea of what I want to do but I've never written it out.

## HAND: ACTION

One thing you want to put into action after going on this trip.

I want to begin to provide space for folks to share their opinions on issues that affect

## HAND: ACTION

One thing you want to put into action after going on this trip.

I want to make it a routine to "do" more and get out of my comfort-zone.

## HEART: SELF

One thing that touched your heart on this trip.

BJ and the well-thought tour through time he gave us at Disneyland California Adventure!

## MIND: LEARNED

One thing that you learned on this trip.

It is important for us to identify our values and to live by them, even when there is

## HAND: ACTION

One thing you want to put into action after going on this trip.

I want to pay more attention to how I express myself and that I follow my values always. I will also make use of the compassion I built from the Disney leaders tour

## MIND: LEARNED

One thing that you learned on this trip.

I got a strong awareness of the holocaust and the atrocities in our passed. or I also got to overcome my fears and pass comfort zone by taking intense rides.

## HEART: SELF

One thing that touched your heart on this trip.

The two speakers had some really amazing stories. The world of color and soarin' were absolutely breathtaking