District-wide FLEX DAYS
How Can We Be Best at What’s Next?
Recordings and Materials
Thursday and Friday, January 14-15, 2021

9:00 am - 10:00 am

Chancellor’s Town Hall Meeting
SMCCCD Chancellor Mike Claire
● Watch the video
● Evaluate this Session

10:00 am - 11:00 am

Thursday Early Morning Sessions

The Art of Control: Pilates for Stress Relief (All Levels)

Pilates Master Instructor: Sarah Artha Negara (she/her/hers)
Life is unpredictable, this lack of control in our lives often leads to stress, anxiety, increased cortisol levels, weight gain, mood swings, and less enjoyment. In 2021, I encourage you to take control of what you can in this life: your physical, mental, and emotional well being! Joseph Pilates (puh·laa·teez) named his exercise method Contrology: The Art of Control. When chaos surrounds us, we can still find control through our breath, gentle stretches that nourish the body, movements that build strength, and a whole body practice that increases our vitality. Joseph Pilates learned this first hand while he was interned as an enemy alien for 4 years during World War I. During that time, he stayed in great health while surviving much hardship including the Spanish Flu epidemic that swept through his camp. Please know that Pilates is for EVERY-BODY. If you can breathe, you can practice Pilates. Invest in your health, happiness, and longevity by committing to some self-care time. Lastly, remember Newton's Law; Once an object is set in motion, it continues in motion. The NYE ball has dropped! Now let's get it rolling... “Change happens through movement and movement heals.”

~ Joseph Pilates

● Watch the video - Coming soon!
● Check out the session materials
● Evaluate this session

Re-Imagining the Student Journey

CSM Guided Pathways Steering Committee
Join us as we analyze different approaches to support students in order to close equity gaps via student support teams. Participants will learn about and provide input for re-imagining the student journey in four key areas: proactive onboarding, intrusive counseling, wrap-around supports, and enhanced teaching and learning. Re-imagine the student experience with us!

● Watch the video
● Check out the session materials
● Evaluate this session

Culturally Inspired Minds...What to Know

Dr. Nicole Porter
This workshop deepens our understanding of self and how we interact, engage and facilitate discussions and practices to address racism and systemic oppression as leaders of action in education. Explore and define cultural identity including factors such as language, ethnicity, religion, immigration, and economic class. Are you looking for
ways to support the diverse needs of all learners? Have you individually begun the journey to become an ally/collaborer to address inequities? This interactive dialogue will achieve the following outcomes: 1) Analyze personal feelings and beliefs around race, ethnicity and culture. 2) Evaluate policies and beliefs. 3) Define key terms and identify connections to current work.

- [Watch the video](#)
- [Check out the session materials](#)
- [Evaluate this session](#)

### New Program Development & Strong Workforce

**Julian Branch**

Learn how Workforce Development can support you in building advisory boards, adding on certificates, new programs and writing grants. There are resources at your disposal which can help your student and the communities we serve.

- [Watch the video](#)
- [Evaluate this session](#)

### Panopto Demo & Info Roll Out

**ITS & Campus Supports**

Learn about our upcoming new video platform to create and share professional on demand videos securely. It will be integrated into Canvas.

- [Watch the video](#)
- [Evaluate this session](#)

### Overview of DRC Procedures for Faculty

**Bettina Lee, Cañada College**

This session will include an overview of the Cañada College intake process, learning disability testing, accommodation implementation in class, proctoring services, technology do's and don'ts.

- No video available
- [Check out the session materials](#)
- [Evaluate this session](#)

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<td>11:00 am -</td>
<td><strong>Break</strong></td>
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<td>11:15 am</td>
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<td>11:15 am -</td>
<td><strong>Thursday Late Morning Sessions</strong></td>
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### Thursday Late Morning Sessions

**U-Jam (All Levels)**

**U-Jam Instructor: Dr. Liza Erpelo**

World of Dance U-Jam, the first format under the World of Dance Fitness umbrella, brings the talented choreography of World of Dance dancers and turns it into an addictive dance fitness format that will make you move, sweat, and smile. Expect funky, adrenaline-based urban beats from around the world with easy-to-follow choreo so that everyone, everywhere, can get their jam on. [https://www.worldofdancefitness.com/](https://www.worldofdancefitness.com/)

**Requirements**

- No dance experience necessary! Have water and a towel, wear shoes, give yourself plenty of dance space. Listen to your body -- modify anything you need to. Most importantly -- HAVE FUN!

- [Watch the video](#)
- [Evaluate this session](#)

### Faculty Discussion: Practices We Use to Support Student Equity
Ellen Young
In this "show and tell" style discussion/workshop faculty will come together to share strategies and policies we have used to promote equitable success in our classrooms. Please come ready to listen and share. You will leave this workshop with some new tools for your teaching toolbox.

- Watch the video
- Check out the session materials
- Evaluate this session

The First Year of AB 705: Is It Working for All Students?
Dr. Katie Hern
2019-20 was the first year of implementation for California's landmark AB 705 legislation, which has transformed placement, curricula and support structures in English, math, and ESL statewide. This session will share statewide and local data highlights from the first year of AB 705 implementation in English and math, including outcomes disaggregated by race/ethnicity, high school GPA, and learning disability status. It will also feature efforts underway at other colleges around the state and a discussion of how district wide efforts can further strengthen support for struggling students.

- Watch the video
- Check out the session materials
- Evaluate this session

Revitalizing ISLOs Through Conversations about Teaching and Learning (Repeated on Day Two)
Karen Wong and Madeleine Murphy
Since 2007 onward(!) SMCCCD graduates have been expected to master Institutional Student Learning Outcomes (ISLOs). Yet few people are aware of them. How can we foster ISLOs through our courses? What are the benefits of making connections between ISLOs and courses, a.k.a. “mapping”? What steps are needed to revisit this mapping? Join this workshop, which is open to anyone across the District but is especially pertinent to Skyline College faculty, who are asked to update mapping by semester's end so as to be poised to participate in each year’s ISLO professional development and assessment.

OUTCOMES: 1) Explain how mapping can deepen students' understanding of a course’s significance. 2) Apply strategies to review and update mapping from course SLOs to ISLOs.

- Watch the video
- Check out the session materials
- Evaluate this session

Create and Facilitate Better Student Engagement in Canvas with Pronto - Demo & Use Cases
Matt Baugh (Pronto) and Dr. Bianca Rowden-Quince
Watch a demo and learn how to use Pronto in Canvas to facilitate communication with and amongst students.

- Watch the video - Coming soon!
- Check out the session materials
- Evaluate this session

Refresh, Reconnect and Refuel
Makiko Ueda
Let's reset our mind and body for 2021! We are going to explore ways to kick off the new year by reconnecting with resources within ourselves and refining strategies for work-life balance.

- No video available
- Evaluate this session
Incorporating Climate Action and Sustainability in Course Lessons

Joe Fullerton
Sustainability is a vague term and climate change is often overwhelming, particularly as the world faces so many other issues. Both sustainability and climate action, however, are critical to addressing a host of scientific, social and economic problems. Fortunately many resources exist to help make awareness and action more approachable in the classroom. In this engaging session, Joe Fullerton, the District’s Energy and Sustainability Manager and Faculty Associate in ASU’s School of Sustainability, will introduce resources and approaches to tackling climate change and un-sustainable systems in the classroom.

- Watch the video
- Evaluate this session

Social Justice Pedagogy in the Classroom: Why Class Size Matters?

AFT Anti-oppression Committee Rika Yonemura-Fabian, Skyline College Doniella Maher, Cañada College (60 min)
The AFT anti-oppression committee has been working with the Senates across the District to bring awareness around class size and its impacts on equitable teaching and learning. Join faculty across the district to discuss social justice best practices for student engagement and equity, We will have a chance to hear from some faculty who have been leading work around pedagogy in this area, such as Learning Communities like Writing in the End Zone, STEM faculty involved in the Faculty Learning Project at Cañada, and other guests TBD. Students will also present data and insight into what they need to feel connected with faculty and supported in their classroom. We will also discuss and share strategies for implementing anti-racist/ anti-oppression practices in the classroom and what kind of institutional support faculty need, including the consideration of class size.

- Watch the video
- Evaluate this session

Accessibility Drop-in Assistance

District Web Accessibility Task Force
Get ready for the new year, new semester. Let us do an Accessibility tune up and check out your Canvas Course shells and materials. Get your Accessibility questions answered by members of the Web Accessibility Task Force!

- No video available
- Evaluate this session

Keeping SMCCCD Safe from Cyber Crime While Working from Home

Daman Grewal and Chris Smith
There has been a significant increase in malware attacks on Higher Education institutions over the last few months. Learn about the tools to secure your data and your students' data.

- Watch the video
- Check out the session materials
- Evaluate this session

Canvas Drop-in Assistance

Dr. Tabia Lee, Marisol Quevedo, Erica Reynolds
Need help with your Spring Canvas course and program shells? Have questions on how to best communicate with and engage students on Canvas? Your campus instructional designer and instructional technologists are here to help! Participants will be able to get Canvas support, ask questions regarding Canvas tools, instructional technology and instructional design, and share feedback and expertise.

- No video available
## District-wide FLEX DAYS continued

### How Can We Be Best at What’s Next?

**Friday, January 15, 2021**

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<th>Time</th>
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| 8:30 am - 10:00 am | **How Are Our Students Doing? District-wide Student Panel**<br>Facilitator: Jeramy Wallace, District Academic Senate President<br>As we embark on another online semester, we’ll hear a brief data report (10-15 minutes) on student engagement and then check in with our students to hear how they are doing and what they are experiencing right now still in the midst of a pandemic, economic unrest, and a social movement recognizing the systemic racism and Anti-Blackness of our society and our institutions. Since we’ve gone online our students have increasingly been able to access classes from all three campuses. Join us for this very special opportunity to hear from students from all three colleges about their experiences.  
  - Watch the video  
  - Check out the session materials  
  - Evaluate this session |
SafeZone Training Part I: Equity and Intersectionality and Part 2: Advocacy (10:15 am - 12:15 pm)

CSM SafeZone Committee + Cañada and Skyline LGBTQIA+ Club Advisors

This SafeZone training session equips you to create an inviting and inclusive campus culture for LGBTQIA+ (lesbian, gay, bisexual, transgender, queer, intersex, asexual) members of the District. Through a series of activities, you'll apply an understanding of intersectionality to advocate for LGBTQIA+ colleagues and students in your role. You'll leave with concrete strategies and a list of resources. Note: stay tuned for Part 3, a student panel, in April!

- Watch the video
- Check out the session materials
- Evaluate this session

Cañada Anti-Racism Task Force: Progress Updates & Discussion (10:15 am - 11:15 am)

Cañada Anti-Racism Task Force

Cañada College’s Antiracism Task Force has been hard at work since the group was formed in the mid-Fall 2020 semester. Our membership includes student, classified professional, faculty, and administrator representation, as well as a plan to secure an external consultant. Please join the members of the Task Force as they share group updates and a plan for next steps in Spring 2021. Specifically, attendees will hear about plans for the antiracism framework, professional development, and the communication/feedback process. This session will also be an opportunity for attendees to share feedback in separate breakout rooms designed for the respective students, faculty, classified professionals, and administrators in the session.

- Watch the video
- Evaluate this session

Level up your teaching toolkit for student success: Six tools from your library (11:15 am - 12:15 pm)

SMCCD Librarians

Join SMCCD librarians in an interactive session about tools and resources available from the Libraries that can help your students both inside and outside the virtual classroom.

- Watch the video
- Check out the session materials
- Evaluate this session

Share Your Awesomeness: Faculty Showcase for Online Teaching and Learning (10:15 am - 12:15 pm)

Erica Reynolds, Marisol Quevedo, Dr. Bianca Rowden-Quince and Dr. Chris Collins and Cañada Instructional Technologists and Designers

Need some inspiration for your Canvas site? Please join us in celebrating the hard work of your colleagues as they demonstrate their work in transforming their courses for remote instruction. Pick-up some tips and tricks you can incorporate into your Spring courses. Participants will: 1. Learn from other district faculty on engaging and effective teaching methods and concrete examples of online teaching/learning 2..Learn about new practices, pedagogy and technology to incorporate into their teaching.

- Watch the video
- Evaluate this session

Free Tech to Support Student Learning Online (10:15 am - 11:35pm)

Kim Saccio-Kent
In “Free Tech to Support Student Learning Online” we will explore technologies that help students learn online, then focus on two note-taking systems and a text-to-speech tool that are available to all students within the district. Participants in this workshop will be able to: a) Identify technologies that support note taking online, reading of digital materials, and dictation online. b) Assist students in selecting technologies to support learning needs online. c) Access resources online that support their and their students’ use of learning technologies.

- Watch the video
- Check out the session materials
- Evaluate this session

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Moving towards Antiracism: Working with the I.M.P.A.C.T. Evaluation Grid (12:45pm - 1:45pm)

*Dr. Jeremiah Sims and Dr. Chris Smith*

Work with the I.M.P.A.C.T. (Innovative, Mindful, Purposeful, Anti-Racist, Caring, Transformative) Evaluation Grid and begin to audit current district-wide policies/practices that are steeped in anti-Black and other forms of racism.

- Watch the video
- Check out the session materials
- Evaluate this session

Ditch Long Lectures - Flip the Script (12:45pm - 1:45pm)

*Andrea Fuentes and Dr. Nicole Porter*

Are your students Zoomed out, checked out, zoned out? Learn how flipping the classroom can engage students, save you time, and enrich connections with your students. You will have time to collaborate in small groups with Andrea or Nicole on ways to get started, even on a small scale, in the online setting. These portable strategies easily apply to face-to-face classes. Come with a topic or lecture to work on!

- Watch the video
- Evaluate this session

Developing a Culture of Meaningful Connections With Students Through Caring Campus (12:45pm - 1:45pm)

*Jeremy Evangelista-Ramos and Kennya Ruiz*

The workshop introduces the work Classified Professionals engaged in as part of the Caring Campus Initiative, developed by the Institute for Evidence-Based Change (IEBC). Funded through a grant from the California Community Colleges Chancellor’s Office (CCCCO), the Caring Campus Initiative is designed to create a college environment that increases students’ sense of connectedness and belonging and, in turn, completion of each student’s education goals. Participants will gain information about the initial work and the behavioral commitments established by the workgroup set to be implemented in the spring by the Skyline College campus community to create a culture where students feel welcome in a traditional and virtual environment.

- Watch the video
- Check out the session materials
- Evaluate this session

Hackathon - Using Documents, Images, Objects, and Experiential Learning in the Virtual Classroom (12:45pm - 2:15pm)

*Tatiana Irwin*
Workshop invites faculty to prepare, work on, and share content oriented lessons on a topic - the pandemic. This workshop focuses on and gives time to explore the documents, images, objects, and experiential learning that can enhance the content of our lessons. In addition we will discuss creative ways to tailor our lessons, regardless of discipline, to contemporary events surrounding the pandemic. Let's encourage student curiosity and break down the academic silos!

- Watch the video
- Evaluate this session

New Canvas Rich Content Editor (RCE) Walk Through (12:45pm - 1:45pm)

**SMCCCD Instructional Technologists**

Canvas has streamlined the approach to entering content anywhere the Rich Content Editor is available (this includes Announcements, Assignments, Discussions, Pages, Quizzes, and Syllabus). It provides a condensed, more intuitive toolbar that is grouped by common icons and interactions. Participants will understand the new toolbar and icons and format text using a variety of options in the new toolbar.

- Watch the video
- Check out the session materials
- Evaluate this session

Spice Up and Jazz Out: Adding Some Simple Visual Interest to your Canvas Course Shell (12:45pm - 2:15pm)

**Drs. Bianca Rowden-Quince and Chris Collins**

It's a new calendar year and it's time to spice up and jazz out your online course! In this training, we will explore simple html codes and templates you can use to make your Canvas course shell more visually inviting, while still maintaining accessibility requirements. Join us and shake some paprika and cayenne pepper into the visual design of your online classroom.

- No video available
- Check out the session materials
- Evaluate this session

Friday Late Afternoon Sessions

**(Varied session lengths and ending times.)**

Fighting Anti-Black Racism at Cañada College with the USC Equity Series (1:45pm - 3:00pm)

**USC Equity Series Faculty Core Group**

As part of Cañada’s effort to establish anti-racist practices on our campus, two faculty, two staff, and two administrators have committed to attending each of the 2020-2021 USC Racial Equity Alliance Conference sessions, joining 60 other California community colleges in the California Community College Equity Leadership Alliance.

For this flex day session, we will share what we have learned from the following sessions:

1. Fostering and Sustaining Inclusive Classrooms for Students of Color
2. Understanding and Addressing Implicit Bias
3. Understanding and Confronting Anti-Black Racism
4. Meaningfully Integrating Race Across the Curriculum

In connection to our anti-racist action plan, we will also share the work of Black Students Matter (BSM) in their efforts to bring Umoja to our campus.

- Watch the video
- Evaluate this session
Level Up Your Teaching Toolkit for Student Success: A Library eResources Working Session (1:45pm - 3:00pm)

SMCCCD Librarians: Athena Nazario, Sanjyot (Pia) Walawalkar, and Ame Maloney; and Lia Thomas

Put your takeaways into practice. In this follow-up hands-on session, participants will have the opportunity to search library resources and embed online library resources directly into their Canvas course(s). Participants are requested to bring their syllabus and/or specific search or research needs. You will have the opportunity to collaborate with Librarians to identify resources, build content, and connect your students to library services. We have so much to share with you.

- No video available
- Check out the session materials
- Evaluate this session

Revitalizing ISLOs Through Conversations about Teaching and Learning (Repeated on Day One) (1:45pm - 2:45pm)

Karen Wong and Madeleine Murphy

Since 2007 onward (!) SMCCCD graduates have been expected to master Institutional Student Learning Outcomes (ISLOs). Yet few people are aware of them. How can we foster ISLOs through courses and programs for students? What steps are needed to revisit course SLOs and map them to ISLOs? OUTCOMES: 1) Explain how mapping can deepen students’ understanding of a course’s significance. 2) Apply strategies to review and update mapping from course SLOs to ISLOs.

- Watch the video (Thursday session video repeated)
- Check out the session materials
- Evaluate this session