## Highlights

- Transfer Day welcomed representatives from 38 universities and provided more than 100 students an opportunity to explore their next steps in higher education.
- The Annual Fall Health and Wellness Fair, hosted by the Cañada College Health Center, offered a variety of mental and physical health resources to help students prioritize their well-being.



- Cañada celebrated Diwali, the Festival of Lights with Diya decorating, Rangoli making, paper lantern making and delicious food.
- The Associated Students of Cañada College hosted a Halloween Bash filled with creative costumes, face painting, a photo booth and plenty of sweet treats to fuel the Halloween spirit.





### Cañada in the Community

Cañada College recently participated in Sequoia High School's first College & Career Day to help 10th and 12th graders explore college and career options. Teams from Financial Aid, ESL, Dual Enrollment, and more connected with 370 students, offering workshops in English and Spanish. Additionally, Cañada College sponsored and joined Casa Circulo's Dia de los Muertos event in downtown Redwood City, where Cañadians celebrated the beautiful tradition alongside community members and families, fostering a strong sense of community and cultural connection.

### Cañada Celebrates FilipinX-American Heritage Month

In honor of FilipinX-American Heritage Month, several programs hosted events to celebrate and center our FilipinX community and to educate the Cañada community.





## **Upcoming Events**

#### Ruck N' Walk

Tuesday, November 12 Weekly (to Dec 3), 12 – 12:30 p.m. In Building 9, Room 151

#### **Veteran's Week: LGBTQIA+ in the Military**

Tuesday, November 12, 12:30 – 1:30 p.m. In Building 17, Room 107

#### **Story Circle with Indigenous Students**

Tuesday, November 19, 1 – 2 p.m. In Building 17, Room 107

#### International Wellness Fair

Tuesday, November 19, 11 a.m. – 1 p.m. In The Grove (Building 5)

#### **Battle of the Bay International Trivia**

Tuesday, November 19, 1:30 – 2:30 p.m. In Building 5, Room 350

#### **Matcha and Mindfulness**

Wednesday, November 20, 10 – 11 a.m. In Building 17, Room 109

# Brothers Achieving Milestones (BAM): Community Event

Wednesday, November 20, 1 – 2:30 p.m. In Building 17, Room 107

View Upcoming Events