

# CAÑADA, CSM, SKYLINE COLLEGES

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CURRENT AA/AS REQUIREMENTS IN THE AREAS OF (I) PHYSICAL  
EDUCATION AND LIFELONG LEARNING/CAREER EXPLORATION AND  
SELF DEVELOPMENT

APRIL, 2024

# Cañada AA/AS requirements in Area E & Physical Education

## GE Area E: Lifelong Learning & Self Development (3 units from Area E or additional 3 units from any GE Area)

**E1:** BIOL 310, CRER 137, ECE. 201, HSCI 100, 116  
KINE 101, 105, 109, PSYC 200, 340

**E2:** Physical Education activity courses – (maximum of 2  
units may apply to Area E)

**AQUA** 127.1, 127.2, 127.3, 127.4, 133.1, 135.1 **DANC** 115.1,  
115.2, 115.3, 115.4, 117.1, 117.2, 117.3, 117.4, 121.1, 121.2,  
121.3, 121.4, 125.1, 125.2, 125.3, 125.4, 130.1, 130.2, 130.3,  
130.4, 140.1, 140.2, 140.3, 140.4, 150.1, 150.2, 150.3, 150.4,  
151.1, 151.2, 151.3, 151.4, 161.1, 161.2, 161.3, 161.4, 220, 350.1,  
350.2, 350.3, 350.4, 400.1, 400.2, 400.3, 400.4 **FITN** 112, 117,  
118, 119, 122, 128.1, 128.2, 152, 153, 154, 210, 227.1, 227.2,  
227.3, 227.4, 235, 301.1, 301.2, 301.3, 304.1, 304.2, 304.3, 304.4;  
308.1, 332.1, 332.2; 334.1, 334.2, 334.3, 334.4; 335.1, 335.2,  
335.3, 335.4 **INDV** 121.1, 121.2, 160.1, 160.2, 160.3, 160.4;  
251.1, 251.2, 251.3, 251.4 **TEAM** 105, 111.1, 111.2, 111.3, 111.4;  
132.1, 132.2, 132.3; 141.1, 141.2, 141.3, 141.4; 148.1, 148.2,  
148.3, 148.4, 171.1, 171.2, 171.3, 171.4; 183, 184, 185, 186, 187  
**VARS** 104, 114, 140, 154, 160, 170, 300, 340, 350, 400

## Graduation Requirement: Two activity courses in Physical Education are required

Requirement may be waived for students in  
the following categories:

- Students with an associates or bachelor's degree
- Veterans who have completed Basic Training
- Students excused for medical reasons

# CSM AA/AS requirements in Area E (E5d) and Physical Education

## **AREA E4 – Physical Education Activity Courses – 2 Activity Courses Required, 1 - 2 UNITS**

Requirement may be waived for students in the following categories:

- Students with an associates or bachelor's degree
- Veterans who have completed Basic Training
- Students excused for medical reasons

## **Area E5d – Career Exploration and Self-Development, 3 units required**

ACTG 119 ADMJ 100 ARCH 666 ART 200 BIOL 126 127 128 310 311 BUS. 101 103 113 201 ANY BUSW  
COURSE CIS 110 COUN 100 111 114 115 120 124 128 240 CRER 126 127 155 COMM 110 115 130 140  
150 DGME 101 103 104 211 230 DRAF 110 ENGR 100 ELEC 445 ETHN 122 123 FIRE 715 HSCI 100 GBST 650  
IDST 110 KINE 101 102 106 135 136 201 301 300 LCTR 240 LIBR 100 MGMT 100 MUS. 286 296 297 NURS  
666 242 PHYS 126 127 128 PSYC 310 320 330 R.E. 100 SOSOC 301 333

# Skyline AA/AS requirements in Area E & Physical Education

## **GE Area E: Lifelong Learning & Self Development (3 units from Area E or additional 3 units from any GE Area)**

**E1:** BIOL 310 BUS. 101 COUN 100 CRER 137, 665 ECE. 201, 901 HSCI 100, 130 KINE 300, 305, 330 P.E. 105 PSYC 100, 110, 200, 201, 310, 330 SOCI 110, 160 WELL 716, 718

**E2:** Physical Education activity courses – (maximum of 2 units may apply to Area E)

**ADAP** 358, 359 **COMB** 105.1-105.3, 301, 302, 401.1-401.4, 404.1-404.4 **DANC** 117.1-117.2, 121.1-121.4, 125.1-125.4, 130.1-130.4, 140.1-140.4, 150.1-150.2, 151.1-151.4, 152.1-152.4, 157.1-157.4 161, 162, 163, 164, 172.1-172.4, 330.1-330.4, 350.1-350.4, 391, 395.1-395.4, 400.1-400.4, 410.1-410.4, 665 **FITN** 106, 107, 112.1-112.4, 116.1-116.4, 166.1-166.4, 199.1-199.2, 201.1-201.4, 219.1-219.4, 301.1-301.4, 304.1-304.4, 305.1-305.4, 308.1-308.4, 314.1-314.4, 332.1-332.4, 334.1-334.4, 335.1-335.4, 400.1-400.4 **INDV** 101.1-101.4, 121.1-121.4, 126, 160.1-160.4, 251.1-251.4, **TEAM** 100, 111.1-111.4, 112, 116, 117, 132.1-132.4, 141.1-141.4, 148.1-148.4, 179, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 201 **VAR** 100, 110, 150, 200, 300, 340, 342, 350, 360

## **Graduation Requirement: Two activity courses in Physical Education are required**

Requirement may be waived for students in the following categories:

- Students with an associates or bachelor's degree
- Veterans who have completed Basic Training
- Students excused for medical reasons

## Questions for Discussion

1. Should the Colleges keep a PE requirement and/or an Area E (Lifelong Learning, Career Exploration, Self Development) type requirement in their local AA/AS patterns? (Both requirements, only PE, only Area E?)
2. If both requirements are kept, should PE and Area E be separate requirements, or listed under one requirement?
3. What do we title an Area E type requirement and how do we determine course-eligibility for this requirement?
4. Where should the requirements appear in the AA/AS Degree pattern: in a GE area or as a Graduation Requirement?