

Cañada College International Student Newsletter

VOLUME 3, ISSUE 10

SPRING 2014, MAY 16

INTERNATIONAL **STUDENT CENTER**

Kim Lopez

lopezk@smccd.edu Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu International Program Manager

Cañada College

Building 3, Room 103 4200 Farm Hill Boulevard Redwood City, CA 94061 Phone: (650) 381-3544 Fax: (650) 381-3518

If you'd like to share your culture and experience by contributing to The Olive Branch, please contact Supinda.

Summer Tips from an International

Ambassador

Written by: Andres Cuellar

Time goes fast and now we have a lot of free time since summer is here. It's time to start thinking about what to do!

If you are planning on taking classes this summer you need to meet with an academic counselor and plan your summer classes. Be aware that summer classes start on June 16 and international students have priority registration, so you can add your summer and fall classes now. Also, don't forget that a typical semester is 18 weeks and a summer semester is only 8 weeks. This means that summer classes are more packed and intense then a regular semester, so try to take classes that you thing might be easier.

Summer is also the best time to gain work experience in your major by finding an internship or summer job. As an

international student, you must register in 1-4 units of Cooperative Education (COOP 670). In Cooperative Education, the professor helps you develop goals for your summer job and visits your work place to see how you are doing on the job. At the end of the semester you'll have to submit a report about your work experience. Don't forget that if your job is paid, you will have to obtain an I-20 with Curricular Practical **Training** authorization from Supinda.

If you are interested in finding a job here at Cañada we have an amazing Career Center where they can help you find a job, review your resume and cover letter and even help you with interviewing skills.

Summer is one of the best time of the year. Days are longer we also have great weather, the perfect atmosphere to have fun and try something new and different. And if you are traveling to your country have a safe and a wonderful summer with your family.

ISC is moving to a new

home located in Bldg 3-103

3-103

INSIDE THIS ISSUE

ISC is Moving **Summer Tips from Andres Essay Contest Winner Summer Festivals**

Important Dates

Mon-Fri, May 19-23 **Final Exams**

Sat, May 24, 10:00am-12:00pm

Commencement

Tue, Jun 3

after Tuesday, May 27. Grades available on WebSmart MOVING THINGS

The Olive Branch Essay Contest Winner: Taste

Sweetness from Bitterness

Written by: Yingjie "Alexandra " Zhuang

Have you ever moved to a different country unaccompanied by family in order to succeed and start everything new? Just think of Arnold Schwarzenegger, who was born in Austria and only got training in English after moving to the U.S. Now he is a famous actor as well as a politician. Schwarzenegger belongs to a generation when there were fewer international students who studied in a foreign country. Now, more and more families who can afford the high cost of sending their children abroad are taking this opportunity. I am one of those children who was sent to the U.S to receive a better education. Living in the USA has definitely opened a whole new dimension for me. To achieve my professional and personal dreams in the U.S., I have had to overcome the challenge of communicating in English and adjusting to a new educational system which is a bitter-sweet experience.

When I first came here, one of my biggest challenges was the language barrier. For instance, one day, I accompanied my friend whose English was poorer than mine to get her ears pierced. I thought I heard the technician tell my friend she could change the earrings in 3 days, but it was actually 3 months. She changed her earrings and ended up getting an infection. This is a perfect example of the confusion I experience every day. Meanwhile, I not only misunderstand what I hear in

English, but I also have trouble understanding what I read. There are times when I eat at restaurants, and I cannot understand what kind of food I am ordering, unless there are pictures on the menu. Similarly, in China, people prefer to use euphemistic words on purpose to protect others' feelings, which easily leads to confusions. In contrast, most people talk directly in the U.S. In the beginning, I felt embarrassed during the conversation. Nevertheless, every time I recalled what happened, I was happy to discover that no more misunderstandings would occur since things were all clear!

I have no idea of what process Arnold Schwarzenegger followed when he attended community college in California, but for me the counseling system at Cañada College was helpful, while the grading system was confusing. In college, I need to take general education classes first, which usually takes two years before I can take courses relevant to my major. However, by the time I reach college, I had already learned some of the material covered in general education because high school in China is more comprehensive, so I have no idea of what classes to choose from. Fortunately, there is a sound counseling system which helps me select the right classes. Counselors also informed me about school resources and made an academic plan for me, which leads to my educational goal. It is no surprise that I have already been to counselors five times in the first month! All these linguistic and academic experience are adding different flavors to my life!

Enjoy Summer Cultural Festival in the Bay Area

Redwood City Music on the Square. 6 p.m. to 8 p.m. Fridays, June 6-Aug. 29. Free. Court house, 2200 Broadway St., Redwood City. www.redwoodcity.org.

Portugal Festival. Food, music, parade, and more 10 a.m. -6 p.m. June 14. History Park, 1650 Senter Road, San Jose. Free, \$6-10 parking www.diadeportugalca.org/festival

San Jose Buddhist Obon Festival. Game booths, food, cultural exhibits, the Chidori Band, San Jose Taiko, plus more than 1,200 dancers. Noon July 12-13. 640 N. Fifth St. http://sjbetsuin.com/obon.

Aloha Festival. Polynesian dance, music, art, food. 10 a.m.-5 p.m. Aug. 2-3. Free

San Mateo Event Center, 1346 Saratoga Drive, San Mateo. www.pica-org.org.

Palo Alto World Music Day. Performances by 50 music groups, including jazz, blues, classical, pop, rock and choirs. 3-7:30 p.m. June 15. Free. University Avenue, downtown Palo Alto. www.pamusicday.org.

San Francisco LGBT Pride Parade. Performances and exhibits. Noon-6 p.m. June 29. Parade begins at 10:30 a.m. Sunday on Market Street. www.sfpride.org.

San Francisco 4th of July Waterfront Celebration. Music starting at Noon. Fireworks begin at 9:30 pm Pier 39, Beach Street and the Embarcadero. Free admission.



Cañada College International Student Newsletter

VOLUME 3, ISSUE 8

SPRING 2014, MAY 9

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Kim Lopez

lopezk@smccd.edu

Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

Building 5, Room 229 4200 Farm Hill Boulevard Redwood City, CA 94061 Phone: (650) 381-3544 Fax: (650) 381-3518

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Congratulations to our Fall 2014 International Student Ambassadors

Written by: Supinda Sirihekaphong

The new Fall 2014 International Student Ambassadors have been selected. I'd like to thank the current International Student Ambassadors, Andres Cuellar, and Tianqi "Lily" Zheng for helping me throughout the process. We were all impressed with all the applicants for doing a great job through the application, interview, and skills test process. We're confident that all of the students will serve as great mentors, role models, and Ambassadors.

Tianqi "Lily" Zheng is an accounting major and the ICE Club Publicity Officer and ASCC Liaison will be continuing her service as an Ambassador for the 2nd semester. She has contributed numerous articles to *The Olive Branch* and was instrumental in helping ISC conduct a focus group of new international students.

Jiating "Sierra" Weng is a communications major and helped found the Career Club. She advises new international students to "Get involved and you will discover that people are very helpful here at Cañada College."

Moody Metry is an Engineering major and an active ICE Club member and suggests to new international students to "Think outside the box and don't give up!"

Yingjie "Alexandra" Zhuang is undecided but is energetically exploring majors by being involved in the A2B and BTO Peer-mentoring programs and is the ICE Club Secretary. Alexandra encourages new international students to "Don't be shy and ask for help. If you get involved your experience will be very enriching."









INSIDE THIS ISSUE

Fall 2014 International Student Ambassador

Introducing your New ICE Club Officers

End of Semester Tips

Important Dates

Tue, May 13, 10:00am-1:00pm, Bldg 9-142

Menlo College Rep on Campus

Wed, May 14, 9:00am-12:00pm, Bldg 9-142

Art Institute Rep on Campus

Wed, May 14, 2:00-4:00pm, Bldg 9-154

Student Services Planning Council:
Supinda will be reporting on ISC.

Mon-Fri, May 19-23
Final Exams
Sat, May 24, 10:00am-12:00pm
Commencement
Tue, Jun 3

Grades available on WebSmart

International Culture Exchange Club has New Student Leaders

At the End of the Semester Party, the International Culture Exchange (ICE) Club selected new student leaders for the upcoming Fall 2014 semester.

President

Tianqi "Lily" Zheng

TreasurerMoody Metry

Secretary

Yingjie "Alexandra" Zhuang

ASCC Liaison/Publicity Officers
Huijia "Rebecca" Sun and

Ure Exc

Lashan Tennakoon



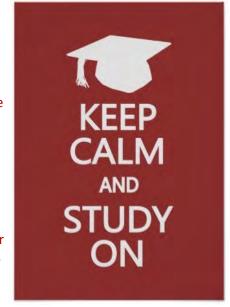
End of the Semester Tips

Written by: Supinda Sirihekaphong

It seems like yesterday that I was planning for orientation and helping students register for classes. There's only two more weeks left of the semester and many of you may be stressing over final exams and papers. Here are some tips that have helped me avoid end of semester stress.

- Don't forget to breathe. When you feel overwhelmed just take a moment, put everything down that you are doing and listen to your breath. Don't forget, as long as you're breathing, life is good:)
- 2. Look at your calendar first thing in the morning and last thing at night. Make sure that you write down everything that you need to do on a calendar, whether it's on your phone or on an actual paper calendar. This will help you keep track of everything you need to do.
- 3. Take a break. There are a lot of people who are probably feeling stressed over the end of the semester too. Do you and your friends a favor by taking a break from all your studies, by going for a walk, grabbing a cup of non-caffeinated beverages or even have some fun like go bowling or catch a movie.
- Take care of yourself. Don't forget to eat well, get plenty of sleep, and try to get some exercise.
 Remember, your brain works better if you are getting enough oxygen through exercise and nutritious food.
- 5. Ask for help. At Cañada, we're committed to helping you achieve your goals. We're here to help but if you don't ask, we don't know.

Good luck with all your finals! If you'd like me to review your final papers, schedule an appointment by emailing me.





Cañada College International Student Newsletter

VOLUME 3, ISSUE 7 SPRING 2014, APRIL 23

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Kim Lopez

lopezk@smccd.edu Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

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Become an International Student Ambassador: The Best Choice You'll Make

Written by: Tianqi "Lily" Zheng

A good time that to apply the international student ambassador for next semester is coming. As an International Student Ambassador, my main job is to help new international students to adjust to their American lives and studies at Cañada College. Being an International Student Ambassador was the best choice I have made while at Cañada College. I learned a lot from this job and I highly recommend our international students to apply. I'm sure that it will be a great experience during your time at Cañada College.

International Student Ambassadors serve as a mentor to a small group of new international students. Communicating with your mentees and meeting with them at least three times a semester is important in helping them figure out their first semester at Cañada College. The most important thing to know is the barriers that new international students face, so that we know how to help them. So keep touching with your mentees is very necessary. But since I was a new international student myself, I understand some of the difficulties that international students go through.

Working with our supervisor, Supinda, is great. She is very helpful and friendly and always thinking about how to help all international students achieve their goals. As an International Student Ambassador, we help her to reply to emails from students who are interested in studying in Cañada College, which is a wonderful chance to improve your communicate skills and learn how to work in an office.

As an International Student Ambassador, I am very happy that I have this opportunity to improve myself. I hope more students are interested in being an International Student Ambassador, so that you can be more confident in reaching your goals in the future.



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Become an Ambassador Become a Student Leader I-WIN Writing Network

Important Dates

Thu, April 24, 12:00-1:30pm, Bldg 6-101 Majors to Careers Day Come learn what careers you can pursue within your major.

Thu, May 1, 2:30-4:30pm, Bldg 3-148 International Film Night Come enjoy free Cuban food and film, "Juan of the Dead" about zombies taking over Havana.

Thu, May 8, 2:30-4:30pm

International Culture Exchange Club: End of the Semester Party Come nominate and vote for our new officers.

Thu, April 24

DEADLINE to Withdraw from Class

Mon, April 28, 10:00am-1:30pm, Bldg 9-142

Notre Dame de Namur University

Wed, April 30, 10:00am-1:00pm, Bldg 9-142

Menlo College Rep on Campus

Tue, May 6, 10:00am-2:30pm, Bldg 9-142

UC Berkeley Rep on Campus

Tue, May 13, 10:00am-1:00pm, Bldg 9-142

Menlo College Rep on Campus

Wed, May 14, 9:00am-12:00pm, Bldg 9-142

Art Institutes Rep on Campus

International Culture Exchange Club is looking for Student Leaders



Before you get too busy with final exams and planning for your summer vacation, don't forget that it's never too early to start planning for next semester.

The International Culture Exchange Club (ICE) is looking for new student leaders for the next 2014-2015 academic year. Here

are the positions available and responsibilities.

President and Co-president

Work with club officers to develop the agenda for each meeting and schedule and run club meetings. Help other club officers, as needed.

Treasurer

Keep track of the club budget and process and sign all ASCC requisition forms. Work with ASCC Liaison with all ASCC/ICC funding requests.

ASCC Liaison/Publicity Officer

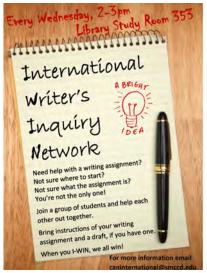
Be the liaison between the club and ASCC and Interclub Council (ICC). The liaison is responsible for reporting club activities to ASCC and ICC and making flyers and announcements of all club events.

Secretary

Take minutes at each meeting and make sure that all agenda items are discussed. Help other club officers, as needed.

How to Avoid Plagiarism

Do you have a final paper due at the end of the semester? Remember that you must avoid plagiarism. If you don't know what plagiarism is, now is a good time to find out. Plagiarism is using other people's words or ideas without giving proper credit. To avoid plagiarism, make sure that you understand how to do proper citations. If you need



help learning how to cite sources, ask a tutor at the Learning Center or a librarian at the Library. Check with your professor on whether you should use MLA or APA style citation. You can also find more information here: https://owl.english.purdue.edu/owl/resource/589/01/.

Here's when you must give credit whenever you use:

- Another person's idea, opinion, or theory;
- Any facts, statistics, graphs, drawings that are not from your own knowledge;
- Quotations of another persons' spoken or written words;
- Paraphrase or summary of another person's spoken or written words.

Join I-WIN every Wednesday in the Library Study Room 353 to get help with writing your paper.





Cañada College International Student Newsletter

VOLUME 3, ISSUE 6

SPRING 2014, APRIL II

INTERNATIONAL STUDENT CENTER

Kim Lopez

lopezk@smccd.edu

Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

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San Francisco Cherry Blossom Festival

Did you know that San Francisco is home to the oldest and largest Japantown in the U.S.? On April 12-13 and April 19-20, San Francisco will host its 47th Annual Cherry Blossom Festival in Japantown, located near Post and Fillmore Street (nearest BART station is Civic Center/UN Plaza).

The Festival is free and open to the public and each year, the Festival attracts over 200,000 people. The Festival is said to be the second largest Cherry Blossom Festival outside of Washington D.C. and San Francisco's Japantown is one of three remaining Japantowns in the U.S. The Festival is organized by the Japanese American community and features Japanese food, music, martial arts, and other cultural customs.

If you're interested in learning more about

Japanese culture, take advantage of this free
opportunity. You might learn the traditional art of
ikebana (flower arranging), sumi

-e (brush/ink painting), orgami (paper folding), and even get a chance to sing karaoke!

For more information log onto http://sfcherryblossom.org/WP/.







Important Dates

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Cherry Blossom Festival
Become an Ambassador
Celebrate Earth Day

Mon, April 14, 1:00-2:00pm, Bldg 5-223
Interviewing Essentials Workshop
Wed, April 16, 11:00am-1:30pm, The Grove
Job Fair: Looking for an internship?
Tue, April 22, 11:00am-1:00pm, Bldg 9-154
Student Research Poster Presentations
Tue, April 22, 3:00-5:00pm, Bldg 3
Student Research Conference
Thu, April 24, 12:00-1:30pm, Bldg 6-101
Majors to Careers Day Come learn what careers you can pursue within your major.

Thu, April 24

DEADLINE to Withdraw from Class

Tue, April 15, 10:00am-2:30pm, Bldg 9-142
UC Berkeley Admissions on Campus

Thu, April 17, 10:00am-1:00pm, Bldg 9-142

Academy of Art Admissions on Campus Thu, April 17, 11:00am-2:00pm, Bldg 9-142

CSU East Bay Admissions on Campus

Thu, April 17, 4:30pm, 6:30pm, Upper Quad Notre Dame de Namur University: Learn about our University Center Programs.

Become an International Student Ambassador

Written by: Andres Cuellar

Applying for the International Student Ambassador position was one of the best decisions I made this semester, because I learned so many new things. For example, I got to know more international students, improve my communication skills, and learn more about the support services provided by Cañada's friendly staff. I also gained more responsibilities that will help me in the future when I start working.

Basically my job as an International Student Ambassador is to be a mentor to a small group of new international students. The main goal is to help them get used to the American way of teaching and learning, as well as help them get to know the community, and support them in everything they need. When I meet with my mentees about 3 times a semester, we discuss different topics that students are interest in, or they ask me about certain things they want to know but may be too shy to ask other people. As an Ambassador we also answer email from prospective students who are interested in studying at Cañada College, and I provide them with all the information they need to apply and other questions they may have.

Being an International Student Ambassador is one of the best things you can do while you are a student at Cañada. It really helps you to learn and develop skills in how to work in an office. We have weekly staff meetings with our supervisor, Supinda and she's very helpful and supportive. But the best thing you can do is to help other students achieve their goals.

Interested in being an International Student Ambassador?

The International Student Center is seeking International Student Ambassadors to work at least 5 hours per week each. Student ambassadors will be paid \$10 per hour.

To be eligible for the International Student Ambassador Program, students must:

- Be a current Cañada College student,
- Enrolled in at least 12 credits,
- Have completed at least one semester at Cañada,
- Have at least a 3.0 GPA, and
- Provide at least one recommendation by a Cañada faculty or staff member.

International Student Ambassadors must be available to work during International Student Orientation starting Monday, August 4.

Celebrate Earth Day

Cañada College: Earth Day Celebration, Tue, April 22

10:30am-12:30pm, The Quad

Join ASCC, STEM Center, Sustainability Committee and the Honors Transfer Program to explore how we can be more environmentally friendly.

Redwood City: Annual Spring Cleanup, Sat, April 26

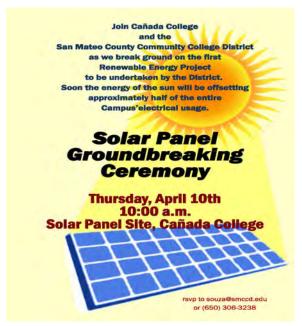
8:30am-Meet at Public Works Services
1400 Broadway (corner of Broadway & Woodside Road)
Breakfast provided by Shinnyo-en
9:00am-Cleanup Teams
12:00pm-BBQ lunch provided by SMCU
Find out more at http://www.redwoodcity.org/calendar/
EventDetail.aspx?Id=4299&CallingPage=Calendar.aspx

San Mateo: Clean up the Shores of the Bay, Sat, April 19

10:00am-2:00pm at CuriOdyssey
1651 Coyote Point Drive, San Mateo, CA 94401
Lunch may be purchased by Top Dog
Fill out a release form and find out more at http://www.curiodyssey.org/activities/family-events

San Francisco Earth Day Festival, Sat, April 19

10:00am-6:00pm at UN Plaza and Civic Center
The public is promised a FREE fantastic day with various informative & interactive learning experiences, such as Green Jobs Info, Cutting-Edge Eco-Fashion Shows & Eco Artist Grove, and Organic Food Cooking Demos.
For more information, check out http://www.earthdaysf.org/earth-day.html





Cañada College International Student Newsletter

VOLUME 3, ISSUE 5

SPRING 2014, MARCH 28

INTERNATIONAL STUDENT CENTER

Kim Lopez

lopezk@smccd.edu

Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

Building 5, Room 229 4200 Farm Hill Boulevard Redwood City, CA 94061 Phone: (650) 381-3544 Fax: (650) 381-3518

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What's your Story? The Olive Branch

Essay Contest

Do you have a funny story to share about how your semester has been absolutely crazy? Or maybe you have a story about how much you've learned about American culture or yourself this semester? Or did you explore a new city, hiking trail, or made a new friend that made you see things differently?

If you have a story to tell, submit it to *The Olive Branch* Essay Contest! First, second, and third place winners will receive a \$50, \$30, and \$10 Bookstore Gift Card, courtesy of the Bookstore.

The deadline to submit is the drop deadline, Thursday, April 24. Submit the following to caninternational@smccd.edu.

- 1. Cover Page with the following information:
 - Name and Student ID#
 - Email and phone number
 - Major
 - Citizenship
 - How many semesters you have been at Cañada College?

- List of campus involvement, ASCC, clubs, etc.
- On-campus employment (if any)
- Title of your essay
- 2. Essays should be approximately 500 words and will be judged on 1) grammar and 2) originality and creativity.

Only international students and students enrolled in ESL are eligible to participate.

Winners will be selected anonymously by a committee consisting of an International Student Center staff, ESL professor and International Student Ambassador.



INSIDE THIS ISSUE

Essay Contest

Movie Review: Mandela

Green Initiatives

Important Dates

Fri, March 30-Sun, April 6
Spring Break-No classes

Mon, March 31

Deadline to submit petition for AA/AS

Tue, April 8, 2:00-3:00pm, Bldg 5-223

Tax Workshop for F-1 Students

Wed, April 9, 1:00-2:00pm, Bldg 5-223

Resume & Cover Writing Workshop

Mon, April 14, 1:00-2:00pm, Bldg 5-223

Interviewing Essentials Workshop

Wed, April 16, 11:00am-1:30pm, The Grove

Job Fair: Looking for an internship?

Tue, April 8, 9:00am-12:00pm, Bldg 9-142
Art Institute Admissions on Campus

Thu, April 17, 10:00am-1:00pm, Bldg 9-142

Academy of Art Admissions on Campus

Thu, April 17, 11:00am-2:00pm, Bldg 9-142

CSU East Bay Admissions on Campus

Thu, April 17, 4:30pm, 6:30pm, Upper Quad Notre Dame de Namur University: Learn about our University Center Programs in Business Administration, Human Services, and Psychology.

Movie Review: Mandela: Long Walk to Freedom

Written by: Supinda Sirihekaphong

The film *Mandela: Long Walk to Freedom*, is not only a film about Nobel Peace Prize winner, Nelson Mandela, but it is an intriguing story about relationships in turmoil.

I enjoyed this film not only because I learned about the details of Nelson Mandela's arrests, release, and leadership in ending Apartheid in South Africa, but also because I learned about the evolving relationship between Whites and Blacks in South Africa, and Nelson Mandela and his wives, particularly Winnie Mandela.

The film highlighted how power and effects relationships and Nelson Mandela's commitment to peace is the only way that relationships can develop, grow, and survive in harmony and through time.

Winnie Mandela's character represented the built up anger that Black South Africans felt being oppressed in their own homeland by a minority White population. Not only did she represent the anger of Blacks, but she herself endured hardship with being a single-mother, arrested, tortured, and serving in solitary confinement for eighteen months.

The film showed how an assertion of power over a people can cause anger that lead to acts of violence. These images were disturbing but based on facts and history. South Africa's history is everyone's history. From the U.S.'s own history of slavery to today's crisis in Syria and Thailand, what I understand from the film and from history and hope for is that there is strength in numbers but peace instead of power prevails.



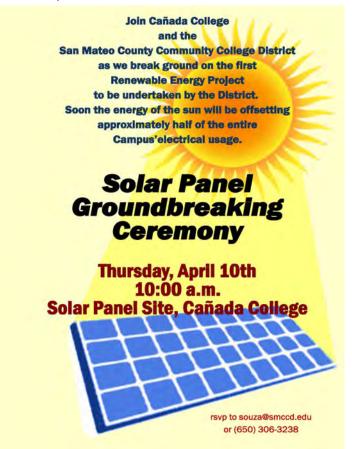
Cañada's Green Initiatives

Cañada College is committed to environmental sustainability and you may have already seen all the work being done on three projects.

Cañada College has three electric vehicle charging stations that can charge up to 6 vehicles. The installation of the charging stations supports the use of electric vehicles that decrease greenhouse gas emissions.

Two new hydration systems were installed to replace drinking fountains on the 2nd floor of Building 9 near the elevator and on the 3rd floor of Building 5 near the Center for Student Life. The hydration system still includes a drinking fountain but has the added feature of being able to refill water bottles. This refill system helps reduce the amount of plastic bottles in landfills.

Cañada College will also be installing a 1 megawatt solar panel system. The installation will be located between the main entrance and the soccer field, which is approximately three acres in size. Upon completion, there will be about 4,000 high efficient solar panels that can produce electrical energy that would offset nearly half of the campus electrical power needs.





Cañada College International Student Newsletter

VOLUME 3, ISSUE 5

SPRING 2014, MARCH 14

INTERNATIONAL STUDENT CENTER

Kim Lopez

lopezk@smccd.edu Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

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INSIDE THIS ISSUE

Study @ Learning Center **Transfer Center** Amy Tan @ Cañada

Learning Center: A Perfect Place to Study

Written by: Andres Cuellar

Students of Cañada College are lucky to have a great place to study like the Learning Center. In order to be successful in our classes, we need to learn to improve our studying skills. In the Learning Center you can find information about study strategies, such as time management, note taking, and test taking strategies. Some of this information is specific to your major too.

The Learning Center also provides a nice and pleasant environment to study. You can also make an appointment with tutors. You can find a list of tutors and the subject that they teach at the middle of the Learning Center.

Also, the Learning Center has a new manager, her name is Diva C. Ward. I had the opportunity to interview her and she told me that she worked with international students before and she thinks it's good experience to interact with people all over the world. She also told me to let international students know to feel free to contact her in any situation you

think she might be able to help you, she will be glad to meet with you and try to find a solution for you.

The Learning Center is an amazing resource that all students have, let's take advantage of it!!! Let's improve our grades and become better students. If you think you are struggling in a class, here at Cañada College there will be



Important Dates

Fri. March 31

Deadline to submit Petition for Associate Thu, March 20, 2-3pm, ASCC Meeting Room **International Culture Exchange Club Mtg** Thu, March 27, 3-5pm, Bldg 3-148 **International Film Night: Join the** International Culture Exchange Club for a

FREE Arabic film and movie "Amreeka." Mon, March 17, 2-3pm

CSU-Northridge Representative

An international student admissions counselor will be on campus.

Tue, March 18, 12:30-2:00pm, Bldg 13-112 **Study Abroad in France Info Session**

Wed, March 19, 10:00am-1:00pm, Bldg 9-142 **Menlo College Admissions Rep on Campus**

Wed, March 19, 1:00-2:00pm, Bldg 5-223

Interviewing Essentials Workshop

Thu, March 20, 10:00am-1:30pm, Bldg 9-142

Notre Dame de Namur Uni Rep on Campus

Thu, March 20, 10:00-am12:00pm, Bldg 9-142

JFK University Representative on Campus

Thu, March 27, 10:00am-1:00om, Bldg 9-142 **Fashion Institute of Design on Campus**

Are you Ready to Transfer? AmyTan's Stories: My Story

Written by: Tianqi "Lily" Zheng

Cañada College Transfer Center is a very important service to help students transfer to four-year universities. The Transfer Center offers information like university catalogs, that include information about cost, majors, academic requirements and any transfer issues.

Students should earn an associate degree or 60 transferable units that include units in their major and general education, in order to transfer successfully. Cañada College has several transfer agreement guarantees (TAG) with universities like UC Davis, UC San Diego, CSU East Bay and CSU Monterrey Bay. Not only does Cañada have agreements with UCs and CSUs but even private universities as well. From here you can go anywhere.

Soraya Sohrabi, who is the Transfer Program Services supervisor, provides extremely helpful service for students to plan their transfer pathway. Make an appointment with her and you can build up a plan more clearly of which university you would like to transfer and how much it will cost and any other questions you may have.

So, go to Cañada College website, find out "Student Service" and click "Transfer Center" to begin your transfer plan soon. We hope that Cañada College is the just the first step in opening a new world of opportunities for you.



AMY TAN Talk and Book Signing

Tues, March 25 7:30-9:00pm Cañada College's Main Theater

Born in the U.S. to immigrant parents from China, Amy Tan rejected her mother's expectation that she become a doctor and concert pianist. She chose to write fiction instead and became a best-selling author.

Written by: Supinda Sirihekaphong

I'm excited that the best-selling author Amy Tan will be speaking at Cañada College on Tuesday, March 25th from 7:30-9:00pm in the Main Theater. I hope you will attend and learn about her new book *The Valley of Amazement*.

When *The Joy Luck Club* came out, I was a tough middle schooler growing up in New York City. My parents worked long hours in hotel kitchens and my sister and I would spend long hours alone doing homework and reading books in the library and getting home before dark to heat up dinner.

On weekends, my mother forced us to take ballet, piano, swimming, guitar classes and make us practice, practice, practice. My sister didn't seem to mind it but I hated it all! The only time I felt like a kid was on Sunday when my sister and I went to Thai language and culture Sunday school. My friends and I would play tag and handball and make up all kinds of games to play before, during, and after class.

Growing up, I resented my parents. They were always working and never around but I was happy that I had an older sister who looked after me. My feelings about my parents changed when I read *The Joy Luck Club*. It took me a long time to read it because it was a pretty big book for a middle schooler but I remember that so many people were talking about it so I picked it up at the library.

So many of Waverly Jong's story, the main character, was my story. I felt embarrassed and irritated of my mother's thick accent, her insistence that I take piano and ballet lessons, and her absence when I felt like I needed her. When I finally finished the book, I felt very sad and guilty. It was a shame that I needed a book to show me how hard my parents have worked and sacrificed for my sister and I to have a better life.

I also couldn't believe that my story was important enough to be a novel and then made into a movie. I also realized that my life was not destined to be in a hotel kitchen like my parents, I can be a writer or an actor if I wanted to. I can't wait to meet Amy Tan, I'm going to get a signed copy of her book for my sister and I because she is a positive role model to me, my sister, and other underrepresented young women.



Cañada College International Student Newsletter

VOLUME 3, ISSUE 4

SPRING 2014, FEBRUARY 28

INTERNATIONAL STUDENT CENTER

Kim Lopez

lopezk@smccd.edu Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

Building 5, Room 229 4200 Farm Hill Boulevard Redwood City, CA 94061 Phone: (650) 381-3544 Fax: (650) 381-3518

If you'd like to share your culture and experience by contributing to The Olive

Cañada's Award-wining STEM Center

Written by: Andres Cuellar

Cañada College has many programs that help you achieve your academic goals, but one of the best programs we have on campus is the STEM Center, which is a campus hub for all STEM (Science, Technology, Engineering, and Math) related programs. The mission of the STEM Center is to provide activities, support services, and opportunities related to STEM education for students, faculty, and the greater community. The STEM Center offers supplemental instruction, tutoring, study groups, science-related club meetings, internships, scholarships, Math and Physics Jam, the Stem Speaker Series, counseling, and workshops.

The STEM Center and many of its activities is funded by the U.S. Department of Education, the National Science Foundation, and the Branch, please contact Supinda. National Aeronautics and Space Administration (NASA). The STEM Center is also has received many awards for its achievements in helping students in science. For example, the free oneweek Math Jam is recognized as America's top program for increasing achievement for Latino

students at the associate level and Engineering professor, Dr. Amelito Enriquez, received the Presidential Award for Excellence in in Science, Mathematics, and Engineering Mentoring by President Barack Obama in 2011...

If you think math and science are subjects that you have problems with, you will find a lot of people at the STEM Center who will be able to help you so head to the STEM Center located in the back of the Learning Center in Building 9, Second Floor.



Important Dates

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STEM Center

Spring Break: Bay Area

Baseball 101

Wednesday, March 5 No class-Flex Day Fri, March 7

Deadline to submit Petition for Associate Thu, March 6, 2-3pm, ASCC Meeting Room **International Culture Exchange Club Mtg** Thu, March 6, 3-4pm, ASCC Meeting Room

Kent State University Representative An international student admissions counselor will be on campus.

Thu, March 6, 9am-12pm, Bldg 9-142 **Art Institutes Representative on Campus** Wed, March 12, 10am-2pm, Bldg 9-142

UC Santa Cruz Representative on Campus Thu, March 13, 10am-12pm, Bldg 9-142

UC Berkeley Representative on Campus Academy of Art Representative on Campus Thu, March 13, 11am-2pm, Bldg 9-142

CSU East Bay Representative on Campus

Explore San Francisco

Written by: Tianqi "Lily" Zheng

The spring semester is almost half way through and I hope everyone has adjusted to your studies. I think it is a good time to introduce something fun by taking a tour of San Francisco.

San Francisco is one of the most beautiful cities in America and attracted 16.5 million tourists in 2012. The city includes attractions such as the Golden Gate Bridge, Fisherman's Wharf, the Palace of Fine Art, Chinatown and Union Square. You could get to many of these places by taking Samtrans bus, the Caltrain or Bart.

The Golden Gate Bridge is a landmark of San Francisco. Its length of 2737 meters, width of 27.5 meters, height of 227 meters, across the Golden Gate Strait connects the San Francisco Bay to the Pacific Ocean. It has the signature international orange color and can be seen by distant vessels even in foggy weather.



At Fisherman's Wharf near Pier 39, there are a variety of specialty shops, restaurants, and street performances. From the pier you can see Alcatraz, which is a small island that served as a prison from 1933 to 1963, and the Golden Gate Bridge and the Bay Bridge. You can rent a bike, eat seafood, watch performances like sea lions, visit a wax museum, an aquarium, and much more.

The Palace of Fine Art was built for the Panama Pacific Exposition in 1915. It was not only built to celebrate the completion of the Panama Canal, but also to celebrate the reconstruction of San Francisco after the earthquake of 1906. The Palace of Fine Art has giant statues, pillars, and columns inspired by ancient Greece.

San Francisco's Chinatown is the largest Chinatown outside of the U.S. and is the first Chinatown in the U.S. In Chinatown, you can experience traditional Chinese culture and enjoy the most authentic Chinese food.

After eating in Chinatown, you can walk a short distance away to, Union Square which offers the best choice for you to enjoy a day of shopping! All in all, your only a short trip away from one of America's best cities!

Baseball 101: Basic Rules

of Baseball

Baseball is an all-American sport and baseball fields and leagues for children and adults can be found all across the US, not just in schools but in public parks as well.



Baseball is played

between 2 teams of 9 players each. The baseball field includes the infield and the outfield. The infield is called the baseball diamond and is within 3 bases and 1 home base. The team playing on the field is on the defense and the team that is batting plays offense. When the offensive team reaches 3 **outs**, the teams switch for 9 innings (rounds).

An offensive player's goal is to hit the baseball with a bat and run all 4 bases to score a point. If the batter hits a **homerun** (hits the ball beyond the outfield), he also scores a point for the team. If the player at bat does not hit the ball that is a **strike.** If the player strikes 3 times, he is out. If the pitcher throws the ball outside the strike zone, called a **ball**, 4 times, the batter is allowed to **walk** to first base.

The defensive player's goal is to make sure that the batter does not run the bases to score a point. Each player is designated a position on the field. Players in the outfield should pay attention to **fly balls** because if a player catches it before it hits the ground then the batter is out. If a player **tags out** (taps the ball on) the batter while he's running to a base, the batter is out.



Exhibition Game. A special ceremony

will be held for all baseball alumni.



Cañada College International Student Newsletter

VOLUME 3, ISSUE 3

SPRING 2014, FEBRUARY 13

INTERNATIONAL STUDENT CENTER

Kim Lopez

lopezk@smccd.edu

Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

Building 5, Room 229 4200 Farm Hill Boulevard Redwood City, CA 94061 Phone: (650) 381-3544 Fax: (650) 381-3518

If you'd like to share your culture and experience by contributing to *The Olive*Branch, please contact Supinda.

Cañada: Home to the Redwood Symphony

The Redwood Symphony is Cañada College's "Orchestra in Residence" and all performances are free to all Cañada students, faculty and staff. The Redwood Symphony is an all-volunteer orchestra dedicated to the performance of ambitious, contemporary repertoire as well as the great orchestral classics. The innovative programming and emphasis on education are two reasons so many of the most talented musicians from throughout the San Francisco Bay Area volunteer their time to play, and why our audience and local critics are so enthusiastic.

Redwood Symphony will open the 2014 season with Brahms's First Symphony, one of the most emotionally powerful and cathartic musical statements ever, on **Saturday, February 22, at 8:00pm, in the Main Theater of Cañada College**.

The Redwood Symphony is led by Maestro Eric Kujawsky. He established the Symphony in 1985 after receiving his Doctorate in Conducting from Stanford. He has performed with the Aspen Music Festival, several Bay Area orchestras and choruses. He is equally at home with symphony, opera, musical comedy or jazz, and is recognized as one of the Bay Area's foremost conductors.

We hope you'll attend some of the performances and the Symphony is always looking for volunteers to help guests, sell refreshments and even join the Symphony as a musician. If you would like to volunteer, call 650-366-6872 or email info@redwoodsymphony.org.



INSIDE THIS ISSUE

Redwood Symphony

Valentine's Day

Life of a Cañada Athlete

Important Dates

Fri, February 14-Mon, February 17

No class-Abraham Lincoln and

President's Day

Wednesday, March 5

No class-Flex Day

Fri, March 7

Deadline to submit Petition for Associate

Wed, February 19, 2:00-3:00, Bldg 5-223

Tax Workshop for F-1 Students

Did you work on or off-campus in 2013? Get help filling out your tax forms.

Wed, February 19, 1-2pm, Bldg 5-223

Interviewing Essentials Workshop

Tue, February 18 and Mon, February 24 9am-12pm, Bldg 9-142

The Art Institutes Representative

Tue, February 18, 10am-12pm, Bldg 9-142

JFK University Representative

Mon, February 24, 10am-1:00pm, Bldg 9-142

Palo Alto University Representative

Tue, February 25, 10am-1:30pm, Bldg 9-142
Notre Dame de Namur Uni Representative

History of Valentine's Day

Written by: Tianqi "Lily" Zheng

Valentine's Day is coming! We all know that February, 14th is a day that people go straight to their sweetheart and express their love. Now here, I want to share one legend of the origins of Valentine's Day.

In the 3rd century AD, the Roman Emperor, Claudius II banned all marriage because he wanted soldiers to focus on war without any worries. But Valentinus, who was a Christian priest, kept arranging marriages and weddings to help couples hold their promise between them. Unfortunately, the Emperor found out that the priest was violating his will. Priest Valentinus was whipped, stoned, and hanged. Priest Valentinus died on February 14th.

In many western countries, Valentine 's Day was celebrated to honor the sacrifice of Priest Valentinus. Valentine's Day was very popular in Britain during the middle ages. The names of the unmarried men and women were pulled to exchange gifts. This is where the tradition of boys giving roses to girls and girls returning

their symbol of love with heart-shaped candy to their sweethearts. Enjoy your Valentine's Day and hopefully you'll get a rose or heartshaped candy.





Life of a Cañada Athlete

Written by: Andres Cuellar



Being a student athlete can be really challenging, but at the same time can be really helpful in your academic path. If you have a passion for one sport that you can practice while you study it can make school more enjoyable.

One of the main goals that students have is to obtain a bachelor degree, if you are a part of a team you have opportunities to apply for scholarships just for athletes and have better opportunities to be accepted to a four-year university.

Student athletes have the obligation to have good grades in order to be a part of the team. My experience of being part of the soccer program at Cañada college has being amazing, I have met a lot of great people in the team and also have great support of the coaching staff. They don't only help you on the soccer field but also with academic issues as well. I also have many opportunities to travel with the team and played in many different places around the area, it is an incredible experience.

I know it is not easy to arrange your schedule or find the time to study when you are tired after practice or a game, but it can help you to be more responsible and become a better student.

To conclude, everyone is capable of being a student athlete. It doesn't matter if you don't have that many skills, but if you like to work hard and always willing to learn, I'm sure you will be a good athlete, but also a good student, which is most important. Being an athlete helps you to not forget your priorities, because to be an athlete you do have to be a good student.



Cañada College International Student Newsletter

VOLUME 3, ISSUE 2

SPRING 2014, JANUARY 31

INTERNATIONAL STUDENT CENTER

Kim Lopez

lopezk@smccd.edu Dean, Counseling Services

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

Building 5, Room 229 4200 Farm Hill Boulevard Redwood City, CA 94061 Phone: (650) 381-3544 Fax: (650) 381-3518

If you'd like to share your culture and experience by contributing to The Olive Branch, please contact Supinda.

Tips on Applying for a Cañada Scholarship

Compiled by: Andres Cuellar

The 2014-15 Cañada College Scholarship Application is now open. In order to apply for scholarships, students must have a college-issued "my.smcccd.edu" email address and be enrolled within the San Mateo County Community College District. Each year, Cañada College awards institutional scholarships to new, continuing, and transferring students. The scholarship awards are based on academic achievement, financial need and/or specific interests such as clubs, athletics, and service.

To apply, please see https://smccd.academicworks.com/opportunities. If you are a new applicant create a new account. If a returning applicant, click on "Sign In" to complete or update your scholarship application.

In order to submit a completed application by the deadline, you will need to include the following in your application:

- 1. Personal Statement:
 - a. A brief personal history
 - b. Your academic goals, transfer plans, and career plans.
 - c. Your participation in community service, volunteerism, and extra-curricular activities.
 - d. Awards, honors and achievements received.
 - e. Explanation of how the scholarship will help you meet your goals.
 - f. Any financial need, obstacles or challenging circumstances you face or have overcome.
 - g. Anything else you want to include for the scholarship review committee to know about you.
- 2. At least one Letter of Recommendation.
- 3. Upload copies of all college transcripts.

SCHOLARSHIP DATES

Monday, February 3, 12-1pm, Bldg 9-123 Friday, February 7, 10-11am, Bldg 9-123 Monday, February 10, 12-1pm, Bldg 9-123

Cañada Scholarship Application Workshop

Thursday, February 13, 11:59pm

Cañada Scholarship Application DEADLINE

Please check the Cañada College scholarship website for additional information or attend a Scholarship Workshop here: http://canadacollege.edu/financialaid/scholarship.php.

Important Dates

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How to Apply for a Cañada Scholarship

Olive Branch Essay Contest

Happy Lunar New Year

Fri, February 14-Mon, February 17 No class-Abraham Lincoln and **President's Day**

Wed, February 12, 12:30-2:00, Bldg 5-223

Employment Workshop for F-1 Students Interested in gaining work experience in the U.S. Come learn about how you can work in the U.S., write a proper cover letter, and the American work culture.

Wed, February 5, 2:00-3:00, Bldg 5-223

Class Participation Workshop

Think your grades depends on homework and exams only? Participation counts. Come learn about how to participate in class and earn the grade you deserve.

Sun, February 2

Last day to DROP with no "W"



The Olive Branch Essay Contest

The Olive Branch is Cañada College's bi-weekly international student newsletter. It provides students with important information about academics resources, immigration reminders, and activities around campus.

The olive branch is a symbol of peace and abundance and we hope that this newsletter will keep international students connected to the Cañada family. If you have any comments, ideas or would like to contribute, please contact Supinda at sirihekaphongs@smccd.edu.

Guidelines:

We want to hear your story about what it's like to be an international student. Write about your experience transitioning to the U.S. and Cañada College. Maybe your story is funny, a coming-of-age story, a story of struggle to triumph, whatever your story, we want to learn from your story and hopefully build a stronger community of international students who support each other, inspire each other and learn from each other.

Eligibility requirements:

Cañada College international students maintaining F-1 student status and any student enrolled in an ESL class at Cañada College are eligible to participate.

Essay guidelines:

Essays should be approximately 500 words and will be judged on 1) grammar and 2) originality and creativity. Essays must be emailed to caninternational@smccd.edu by the semester DROP deadline.

Essays will be selected by a committee that includes an International Student Ambassador, an ESL/English Professor and an International Student Center staff.

Prizes:

The top three winners will receive a SMCCD Bookstore Voucher; 1st place \$50, 2nd place \$30, 3rd place \$10, generously donated by the Cañada College Bookstore and Jing Luan, Vice Chancellor of Educational Services, SMCCD. All winners will also receive a certificate. Winning essays will also be published in the final issue.

Submission Information:

Email <u>caninternational@smccd.edu</u> your essay and cover page with the following information:

Name and student ID# Citizenship and major
Email and phone number On-campus job (if any)
How many semesters have you been at Cañada College?
Are you involved in any student clubs , teams or ASCC?
Title of Essay



Find out more at: http://www.redwoodcity.org/events/ lunarnewyear.html

Written by: Tianqi "Lily" Zheng

The year of the horse is coming! January 16th is the first day of Chinese New Year in 2014 which is a year of the horse. As we all know, Chinese ancestors use 12 animals to distinguish every year. In 2014, the zodiac is the horse. The horse is a sign of health, positivity and energy.

In Chinese traditional culture, people use horses to figure out something ambitious and exciting. There is a Chinese saying, "Lao Ji Fu Li, Zhi Zai Qian Li," which means an old horse in the stable never forgets to run wild, which means elders can still be motivated to pursue their dreams. Also, what is the only animal that can participate in the Olympics? The horse, that is why the horse also represents the spirit that helps humans when faced with obstacles and in achieving their goals.

The Chinese celebrate Chinese New Year by engaging in performances like the lion dance, dragon dance and Chinese martial arts. During the year of the Horse, people will say "Ma Nian Da Ji," to everyone they meet, which means good luck to your family, and friends. Now that you know how to express your best wishes, do not forget to wish people good luck and enjoy your Chinese New Year!



Cañada College International Student Newsletter

VOLUME 3, ISSUE I SPRING 2014, JANUARY 10 BUILDING 5, ROOM 229

INTERNATIONAL STUDENT CENTER

Kim Lopez

lopezk@smccd.edu

Dean, Counseling, Advising &

Matriculation

Supinda Sirihekaphong

sirihekaphongs@smccd.edu Project Director International Support Services

Cañada College

Building 5, Room 229 4200 Farm Hill Boulevard Redwood City, CA 94061 Phone: (650) 381-3544 Fax: (650) 381-3518

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INSIDE THIS ISSUE

International Students at Cañada College

10 Steps to Starting a Successful Semester

Get Involved: Join a club

Welcome New International Students



CITIZENSHIP		MAJOR OF STUDY	
China	14	Accounting	1
Mexico	3	Biology	4
Vietnam	3	Business Administration	11
El Salvador	2	Communication	1
Canada	2	Computer Science	1
South Korea	3	Early Childhood Education	5
South Africa	2	Economics	2
Sri Lanka	2	Engineering	7
Saudi Arabia	2	English	1
Austria, Australia, Brazil, Czech Republic,	14	Fashion Design	2
Egypt, France, Germany, India,		Interior Design	6
Japan, Morocco, Philippines,		Kinesiology	3
Slovakia, Turkey, United Kingdom		Multimedia Art & Technology	1
Total countries	24	Philosophy	1
Female	28	Political Science	1
Male	19		
Total Students	47		

III

Important Dates

Mon, January 20

No class-Martin Luther King Jr. Day Mon, January 27

Check in deadline Submit check in form, updated immigration documents and proof of health insurance to ISC (www.studentinsuranceusa.com).

Wed, January 29, 12:30-1:30, Bldg 9-106

Transfer Workshop for F-1 Students

Friday, February 14

Online Scholarship Application Deadline http://canadacollege.edu/financialaid/

scholarship.php

Mon, January 13

First day of the Spring semester

Mon, January 27

ADD/DROP deadline

10 Steps on Starting a Successful Semester

- Check in with the International Student Center by submitting the check in form, updated immigration documents (F-1 visa and I-94 record)
- 2. Provide proof of health insurance. If you need to purchase health insurance log onto: www.studentinsuranceusa.com.
- 3. Purchase your textbooks at the Cañada College Bookstore (http://bookstore.canadacollege.edu/home.aspx).
- 4. Purchase a parking permit, if needed, through WebSmart. Parking permits are \$50 for the whole semester. If you want to purchase day permits, make sure that you purchase permits at the pay station in each parking lot and display the parking permit in front of your steering wheel.
- 5. Attend and participate classes. As an international student, you must attend classes and enroll in at least 12 units throughout the semester.
- 6. Get involved. Being a student is not just about going to classes. 4-year universities look for students who are active in their community. Stop by the Center for Student Life & Leadership in Building 5, across from The Grove cafeteria, to learn about clubs on campus and how to participate in ASCC (student government). All international students will automatically receive emails from the International Culture Exchange Club events and activities. It's a great way to make new friends and share your culture with other students.
- 7. Attend workshops that provides information about how to be a successful student:
 - Wednesday, Jan. 29, 12:30-1:30, Bldg 9-106
 Transfer Workshop
 - Wednesday, Feb. 5, 2:00-3:00pm, Bldg 5-223
 Class Participation Workshop
 - Wednesday, Feb. 12, 12:30-2:00pm, Bldg 5-223
 Employment Workshop
- 8. Make an appointment to meet with a counselor in February and March to discuss your Student Education Plan (SEP) for the upcoming semester.
- 9. If you need help academically, get a tutor at the Learning Center on the second floor of Building 9.
- 10. Not feeling well, need a nap? Stop by the Health Center in Building 5-303 near the Grove.

International Culture Exchange is Looking for New Club Officers

The International Culture Exchange student club is looking for new officers for the Spring 2014 semester:

President Vice President ASCC Liaison

Treasurer Secretary Publicity Officer

The International Culture
Exchange Club is all about
sharing different cultures
with the Cañada community.
All Cañada College students,
staff, and faculty are invited
to join, share and learn
about our diversity through



our regularly scheduled programs including:

•LEXIS: Language Exchange w/international students

•International Film Night: Free foreign films and food

Interested in being a student leader and sharing your culture with others? Email Supinda the Club Advisor at sirihekaphongs@smccd.edu.

Want to Join Other Clubs? Check Out CLUB RUSH

Monday, January 13th- 8:30am-11:30am and 5-7:30pm Tuesday, January 14th-8:30am-11:30am and 5-7:30pm Welcome Week Breakfast: Find out how to get involved

Thursday, January 16th – 3:30pm-5pm 1st ASCC Meeting, Building 2-10

Wednesday, January 29th and Thursday, January 30th Welcome Week: Free food,

fun activities and sign up for student-run clubs at CLUB RUSH



