



CENTER FOR
INTERNATIONAL &
UNIVERSITY STUDIES
CAÑADA COLLEGE

The Olive Branch

Cañada College International Student Newsletter

VOLUME 2, ISSUE 10 SPRING 2013, MAY 24
CIUS, BUILDING 5, 2ND FLOOR

INTERNATIONAL STUDENT PROGRAM

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If you'd like to share your culture and experience by contributing to *The Olive Branch*, please contact Supinda.

INSIDE THIS ISSUE

Student Recognition

Congratulations

Congratulations on completing another successful semester at Cañada College! We'd like to applaud your initiative and persistence in fulfilling your educational goals and participating in various activities both on and off campus.

International Student Leadership Awards

Renata Horvath

International Student Leadership Award

For her courage in expanding her knowledge, her commitment to excellence, and her contribution to creating a more inclusive learning community.

Ruizhang "Cherry" Zhang

Emerging Student Leader Award

For her growth, commitment, and contribution to learning and leadership that has expanded horizons for herself and her peers.

Completion and Transfer

Dipti Budhdev, AS Biological Science

Transferring to UC Davis

Renata Horvath, AA Art

Engaging in 1-year of OPT

Soroush Motahari-Asl, AS Engineering

Transferring to UC Berkeley

Scholarships

Marina Andrijevic

Early Childhood Education Student Scholarship

Omar Blanco

Private Client Reserve Scholarship

Dipti Budhev

Iloff Scholarship

Kali Charahbili

Dr. Genevieve H. Cory Interior Design Scholarship

Milka Gledic

Cargill Scholarship Award

Yuuki Nguyen

Women in Gaming Scholarship



Important Dates

Cañada College is closed on Fridays during the summer from June 7 to August 2.

Sat, May 25, 10:00am

Commencement Ceremony

Mon, June 3-Fri, June 15, Learning Center

Math Jam

Mon, June 17

Summer Session Begins

To meet with a counselor during the summer:

Call 1-650-306-3452

Mon, Jul 8-Fri, Aug 2, Learning Center
Physics Jam

Mon, Aug 5-Fri, Aug 9, Learning Center
Word Jam

Mon, Aug 12-Fri, August 16, Learning Center
Math Jam

Mon, Aug 5-Wed, Aug 7
International Student Orientation

To participate in a Summer Jam:


Call 1-650-306-3321





International Film Night
Beautiful Boxer
 Free film and food from Thailand
 Wednesday, April 17
 4:00-6:00pm
 Building 3-104


 Sponsored by:
 International Communication Club
 Spectrum Alliance


BLOODY SUNDAY
 WED, M 4:00 PM
FREE FOOD AND FILM
 SPONSORED BY: INTERNATIONAL C


International Film Night
 Free film and food from Mexico
 Wednesday, May 1
 4:00-6:00pm
 Building 3-148


 Hendrix is the seven-year-old son of Nina, a woman addicted to drugs. After leaving Hendrix home alone for three days, he is taken away to live with Jean Paul and Chema, a well-to-do, stable, gay couple.



The International Student Program office invite you to an
End of the Semester Party
 Thursday, May 23, 2013
 1:00-3:00pm
 Building 6 Room 112

Come early to win a door prize.
 Bring your family, friends, and your favorite professor.
 Enjoy a good time with your fellow international students and celebrate the end of the semester!
 Food will be served.

Please verify your attendance by emailing Supinda at sirhekapongs@smccd.edu.

The Olive Branch

Cañada College International Student Newsletter

VOLUME 2, ISSUE 9

SPRING 2013, MAY 10

CIUS, BUILDING 5, 2ND FLOOR



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INSIDE THIS ISSUE

Fall 2013 International Student
Ambassadors

Expect Changes at the Border

End of the Year Party

Introducing Our Fall 2013 International Student Ambassadors

We are excited to announce our Fall 2013 International Student Ambassadors. Our Ambassadors assist the International Student Program staff by providing personalized support service from a student-centered perspective. Ambassadors help with answering student inquiries, giving campus tours, and planning events with a friendly smile.



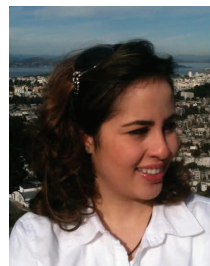
Marina Andrijevic

Citizenship: Serbia

Major: Early Childhood
Education

Interests: music, skiing, and
holistic cooking

Favorite thing about Cañada:
Calm and friendly environment



Kali Harouchi

Citizenship: Morocco

Major: Interior Design

Interests: travel, drawing,
exploring new cultures,
cooking, and painting

Favorite thing about
Cañada: The hilltop views



Ruixuan (Cherry) Zhang

Citizenship: China

Major: Communications

Interests: Reading, scary
movies

Favorite thing about Cañada:
Friendly staff

Important Dates

Tue, May 14, 3:15pm-5:00pm

ASCC Weekly Board Meeting

Mon, May 13, 9am-12pm, Learning Ctr

Drop-in Writing Tutoring

Tue, 6:00am-9:00pm, Learning Ctr

Drop-in Writing Tutoring

Thu, May 16, 9am-12pm, Learning Ctr

Drop-in Writing Tutoring

Fri, May 10, 1:00pm-3:00pm, Learning Ctr

Drop-in Writing Tutoring

Tue, April 30, 10am-1pm, Learning Ctr

Notre Dame De Namur Representative

Wed, May 15, 11:00am-2pm, Learning Ctr

CSU East Bay Representative

Thu, May 16, 10:00am-2:00pm, Bldg 9-142

UC Berkeley Representative

Mon, May 20-Friday, May 24

Final Exams

Sat, May 25, 10:00am

Commencement Ceremony

International Student Program Advisory Group

We want to hear from you about how to improve international support services. Join other international students and interested Cañada College faculty and staff to discuss how we can better serve international students.



Wednesday, May 15

4:00—5:00pm

Building 5-207

Boston Marathon Bombings Prompt More Checks at the U.S. Border

The bombings at the Boston Marathon, like other terrorist acts, not only effect the people who were directly killed or injured by the attack but it also effects many people across the globe. These terrorist acts not only effect individuals but it also effects government policy as well.

Unfortunately, international students studying in the U.S. may face extra scrutiny when entering the U.S. According to these news article, one of the classmates of one of the Boston attackers was an international student who entered the U.S. on an expired I-20: www.npr.org/templates/story/story.php?storyId=180853331 and <http://www.nytimes.com/2013/05/04/us/foreign-students-will-face-new-checks-when-entering-united-states.html>.

According to the Institute of International Education's (www.iie.org) "Open Doors Report," in the 2011-2012 academic year, there were 764,495 international students in the U.S. It is unfortunate that other people have to pay the price for someone else's terrible mistake. However, let this be a lesson and reminder of what Martin Luther King, Jr. once said, "It really boils down to this: that all life is interrelated. We are all caught in an inescapable network of mutuality, tied into a single garment of destiny. Whatever affects one destiny, affects all indirectly."

Travel Tips for F-1 Students

Since the Department of Homeland Security is now increasing security checks at the border make sure that you are prepared when entering the U.S. To increase your chances of having a smooth entry into the U.S. at the airport, make sure you have the following documents:

1. Your **passport** should be valid at least 6 months into the future.
2. Your **F-1 student visa stamp** should be valid. The SEVIS number on your F-1 student visa should match the SEVIS number on your I-20 (located on top of the bar code). Canadian citizens do not require an F-1 visa.
3. Your **I-20** should be valid and should reflect your current school, level of education and major. Make sure that you obtain an updated Travel Signature on the last page of your I-20.
4. You should carry copies of **financial documents** showing enough funds for at least one semester.
5. You should carry a copy of your **transcript** showing your enrollment in the upcoming semester.

I-94 Changes at the Border

The U.S. Customs and Border Protection (CBP) will be eliminating the paper I-94 card and will be using an electronic process. Students will no longer have to fill out the I-94 card when entering the U.S.

If you require proof of immigration status in the U.S. to apply for employment and/or a driver's license/state ID card, you can print your I-94 number by logging onto www.cbp.gov/i94.

The screenshot shows the U.S. Customs and Border Protection website interface for I-94 record retrieval. The header includes the department logo and the slogan "Securing America's Borders". Below the header, there are navigation tabs for "Get I-94 Number" and "I-94 FAQ". The main content area is titled "Admission (I-94) Number Retrieval" and displays the following information:

- Admission (I-94) Record Number: 69000888062
- Admit Until Date (MM/DD/YYYY): 10/10/2012
- Details provided on Admission(I-94) form:
 - Family Name: LI
 - First (Given) Name: LYDIA
 - Birth Date (MM/DD/YYYY): 01/01/1990
 - Passport Number: P123123213
 - Passport Country of Issuance: Mexico
 - Date of Entry (MM/DD/YYYY): 04/11/2012
 - Class of Admission: B1

At the bottom of the form, there is a note: "If an employer, local, state or federal agency requests admission information, present your admission information to the employer or agency." Below the form, a blue text box states: "Once Form I-94 is automated, travelers will have access to their electronic I-94 via www.cbp.gov/i94. The website printout serves the same purpose as any other I-94 version."

The poster features a background image of two people jumping joyfully against a bright, cloudy sky. The text on the poster reads:

The International Student Program office invite you to an

End of the Semester Party

Thursday, May 23, 2013
1:00-3:00pm
Building 6 Room 112

Come early to win a door prize.
Bring your family, friends, and your favorite professor.
Enjoy a good time with your fellow international students and celebrate the end of the semester!
Food will be served.

Please verify your attendance by emailing Supinda at sirihkaphongs@smccd.edu.

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INSIDE THIS ISSUE

Cinco de Mayo

Stress Management Tips

Reaction to Boston Attacks

The History of Cinco de Mayo

Compiled by Milka Gledic

Cinco de Mayo (Spanish for "fifth of May") is a celebration held on May 5th. It is celebrated in the U.S. and in Mexico, primarily in the state of Puebla, where the holiday is called El Día de la Batalla de Puebla (English: The Day of the Battle of Puebla). This day is normally confused with Mexican Independence Day which is celebrated on the 16th of September. Cinco de Mayo is the anniversary of a battle that took place between the Mexicans and the French in 1862.

This holiday mainly started in the year 1967 when a group of California State University students decided to hold the first Cinco de Mayo commemoration in the U.S. They did this because they felt there was no Chicano holiday. They wanted something to recapture their history and decided that the Battle of Puebla was symbolic. This helped them to connect it to their struggle for the

formation of a Chicano Studies program at the university.

This day marks the victory of a small, poorly armed force of around 4,500 soldiers over the French invasion of a well-armed, professional army led by Napoleon III that had about 8,000 soldiers. The battle lasted for 4 hours and ended in the victory of the small Mexican army under Gen. Ignacio Zaragoza. So Cinco de Mayo is hugely celebrated with pomp, gaiety and fiestas in the traditional Mexican style.

Resources from: http://www.purpletrail.com/partytrail/holiday_parties/cinco_de_mayo/cinco-de-mayo-trivia-facts and http://en.wikipedia.org/wiki/Cinco_de_Mayo



Important Dates

Mon & Tue, April 29-30, 9am-3pm, The Quad

ASCC Student Gov't Elections

Tue, April 30 & May 7, 3:15pm-5:00pm

ASCC Weekly Board Meeting

Mon, April 29 & May 6, 9am-12pm, Learning Ctr

Drop-in Writing Tutoring

Thu, May 2 & 9, 8:30am-12:30pm, Learning Ctr

Drop-in Writing Tutoring

Fri, May 3 & 10, 1pm-3pm, Learning Ctr

Drop-in Writing Tutoring

Fri, May 3, 12pm-2pm, Cañada Vista

Student Club Awards: Ceremony recognizing student leaders and clubs for their contribution.

Fri, May 10, 4:30-6:30pm, Gymnasium

Student Recognition Ceremony: This annual ceremony recognizes the academic accomplishments of Cañada's students.

Tue, April 30, 10am-2pm, Bldg 9-142

UC Berkeley Representative on Campus

Wed, May 8, 10:30am-1:30pm, Learning Ctr

Art Institute Representative on Campus

Thu, May 2, 11am-1pm, The Grove

University Center Day: Visit with partner universities that offer bachelor degrees at Cañada College and learn how to obtain a bachelor's degree at Cañada.



Manage Your Stress Better

On Friday, April 19th the Health Center offered a **Stress Management Workshop** just for international students. The Health Center provided valuable information on what stress is and how to manage stress. Tips include:

1. Don't forget to BREATHE.
2. Progressive Muscle Relaxation Technique: Starting from your toes, your legs, your pelvis, your stomach, your shoulders, your arms, your neck and head, clench each body part for 3 seconds, then release.
3. Talk to someone. Reach out to friends, family, professors and other Cañada staff, including the friendly counselors at the Health Center located in Bldg 5-303 near the Grove.

The Workshop allowed international students to share their experiences and all agreed that the following all causes stress:

Tests
Adjusting to the U.S.
Communication
Time
\$\$\$\$

They also shared how they relieve stress. Milka Gledic from Montenegro said, "When I'm working on a math problem and I get frustrated, I leave it alone and take a walk. When I come back to it, I'm able to solve the problem more quickly." Tianqi Zheng from China highly recommends this workshop to other international students, "This was a great workshop and I learned a lot about how to manage stress."

one community, many dreams

Undocumented Student Forum

Mon. April 29	Tues. April 30
9:00-10:45	9:00-10:40
11:15-12:45	11:15-12:45

Bldg. 3 Main Theater

Undocumented Student Forum Community Support Students

One Community, Many Dreams

Presenters: Alison Field, Cindy Marroquin, Michael Hoffman, Romeo Garcia
Educators For Fair Consideration, Dream Boys of UC Berkeley, and many more.

Presentations vary each day and session.
All students and all classes are welcome to any and all sessions.

Sponsors:
Associated Students of Cañada College (ASCC)
Bridging the Odds Peer Mentorship Program
Bridging Hispanic Minds to Success Club (BHMS)
Cañada College Library
Center for Excellence in Teaching and Learning (CETL)
Center for Student Life & Leadership Development
Center for International and University Studies
Dreamers Talk Force
Humanities and Social Sciences Division

Office of Vice President of Student Services
Office of Vice President of Instruction
Office of the President Cañada College
Redwood City Together
STEM Center
TRIO Student Support Services
TRIO Student Advisory Council

One Student's Reaction to the Boston Marathon

Terror Attack

By Cherry Zhang from China



Two explosions ripped through the finish line of the Boston Marathon on April 15, 2013.

Even though the losses or the impact of this event cannot compare to larger terror attacks such as 9/11, it is still a terrible tragedy and also a serious warning to the government on national security.

Many innocent people died or got hurt, and many families have been effected. I still remember the unforgettable photo I saw from the explosions--an athlete, who was participating in the marathon, both of his legs all bloody--when I saw the picture, I almost cried.

Then I read many reactions from all over the world, and most people agree that our world today is in need of peace, tolerance, and brotherhood. We all hope the world would have no wars, no fighting, and no violence. My fellow International Student Ambassador, Kali from Morroco said, "I think it is a horrible act, Boston or no Boston. Innocent people should never be the victim of whatever grudge or conflict that is going on in the world."

However, there are still many problems and conflicts all over the world But I always believe that the human heart is good. As a result, one day we could live in a peaceful and non-violent world.

International Film Night

Featuring FREE food and film from Mexico



Wednesday, May 1, 4-6pm, Bldg 3-148
Sponsored by: ASCC and International Communication Club

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INSIDE THIS ISSUE

Become a Student Leader

ASCC: Student Government

International Student
Ambassador

ASCC: Student Government is looking for New Student Leaders

Do you have what it takes to be Cañada's Next Student Leader? We believe you do! ASCC invites all interested students to apply for the ASCC 2013-2014 Board for the June 1, 2013-May 31, 2014 term. The deadline to apply is Tuesday, April 23, 5pm. Pick up an Election Packet in the Center for Student Life and Leadership Development in Building 5-354. YOU MUST ATTEND A STUDENT GOVERNMENT MEETING prior to turning in your Election packet. ASCC weekly meetings are on Tuesdays 3:15-4:45 in Building 2, Room 10.

ASCC Open Positions

- President (Runs the Student Government meetings)
- Vice President (Is also the President of the Inter-Club Council)
- Secretary (Take notes at the meeting)
- Treasurer (Manages all the financials of ASCC)
- Commissioner of Publicity (Manages ASCC Facebook and Twitter Account and designs flyers)
- Commissioner of Activities (Coordinate the Monthly Spirit Thursday Events)
- 16 Senator Positions (Plans Spirit Thursdays, represents students on campus and more!)



For more information log onto: <http://canadacollege.edu/studentlife/ASCC.php> or contact the Center for Student Life and Leadership Development at (650) 306-3364.

Important Dates

Thu, April 25, 5am – 6am

Last day to withdraw with a "W"

Mon, April 15 & 22, 9am – 12pm, Learning Ctr

Drop-in Writing Tutoring

Thu, April 18 & 25, 8:30am – 12:30pm

Drop-in Writing Tutoring

Fri, April 19 & 26, 1pm – 3pm, Learning Ctr

Drop-in Writing Tutoring

Mon, April 15, 11am – 2pm, Learning Ctr

CSU East Bay Representative on Campus

Wed, April 17, 10am – 2pm, Bldg 9-142

UC Berkeley Representative on Campus

Wed, April 17, 10:30am – 1:30pm, Learning Ctr

Art Institute Representative on Campus

Thu, April 25, 2pm – 3pm, Bldg 9-106

Transition from Cañada to a 4-Year School

Wed, April 24, 11:00am – 1:30pm, The Grove

Career Fair

Tue, April 16, 2:30pm – 5:30pm

Cañada Baseball vs Gavilan College

Wed, April 17, 12pm – 1pm, Bldg 6-102

Majors Day: What's a major? Why it is necessary to declare a major? What does it take to complete a major?

Thu, April 18, 12pm – 1pm

Music in the Grove: Come enjoy some great music and grab a bite for lunch!

Thu, April 18, 2pm – 5pm, Bldg 6-102

Student Research Conference: High Impact Learning. Join the Cañada College Honors Transfer Program for the third annual Student Research Conference featuring the presentation of original research projects by Cañada students.

Thu, April 25, 11am – 12pm, The Grove

ASCC Debate

Help Your Fellow International Students: Become an International Student Ambassador



Hi, my name is Renata Horvath. I'm from Hungary and I study Fine Art here at Cañada College. I am planning to become an Art Therapist. I love that Cañada is actually a friendly environment with amazing views. I am the president of the Art Club and a volunteer for Redwood Symphony.

What I like most about being an International Student Ambassador is the way Supinda teaches me how to value and judge my own skills.

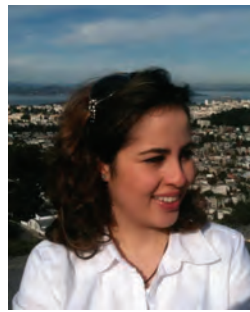
It was extremely difficult to leave my safe home behind and start a new profession in an unknown country without any support from family and friends. I realized that I can only count on myself and I started to study as hard as I could. I wrote down a clear goal and I promised myself to stick to it.

Ni hao, my name is Cherry Zhang from China. I have studied at Cañada for almost one year and am majoring in Communications. My goal is to transfer to UC Berkeley but I'm not sure about my long-term goals. Fortunately, Cañada College has a Career Center that helps students with career planning.



The College also has a lot of resources for students, such as the Library and Learning Center, which offer free tutoring. For me, the most helpful office is the International Student Program. When I first came to the U.S., everything was challenging, I had to adapt to a new culture, meet new people, adjust to a new education system but the staff at the International Student Program helped me a lot.

I joined the International Communication Club and now serve as the President. I also work with Supinda as an International Student Ambassador, which gives me first-hand working experience. I enjoy studying at Cañada and believe it will be the most memorable studying experience.



Bon jour, my name is Kali Harouchi from Morocco. I'm studying Interior Design. The College has a small community where everyone knows almost everyone, which makes a great environment for a student to build quality relationships with others.

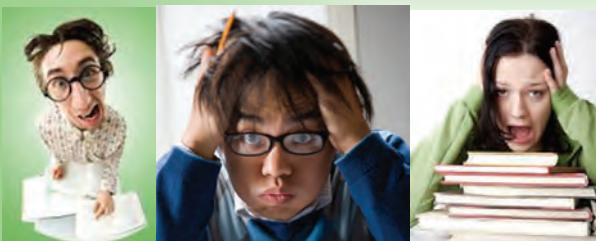
As an International Student Ambassador, I like the opportunity to help other students get one step closer to achieving their educational goals. The ability to do so is very fulfilling. The sudden change of environment and culture was challenging in the beginning, but I overcame this by increasing my interaction with people, especially my classmates, and by joining clubs. I eventually ended up building friendships and learning about the culture here in the US. Being open-minded and accepting the change helped too.

Zdravo, my name is Milka Gledic from Montenegro in Europe. My major is Business Administration. My goal is to transfer to graduate school in the following year. I like being a Cañada student because I get to improve my English and I meet so many good people. I enjoy being an International Student Ambassador because there is a lot to learn from other international student's cultures. The biggest challenge for me was to learn English. I overcame it by going to school and studying full time.



Interested in being an International Student Ambassador, obtain and application by emailing Supinda at sirihekaphongs@smccd.edu. The deadline to submit is Thursday, April 25, 2013. Students must be in F-1 immigration status, enrolled full-time, recommended by at least one Cañada College faculty or staff member.

STRESSED?



Friday, April 19, 11:00am-12:30pm

Building 5-227

Are you feeling a little overwhelmed? Worried about finals, missing home, planning for the future? Join the Health Center staff and other international students to share tips on how to better manage your time, prevent and reduce stress, and succeed as an international student.

The Olive Branch

Cañada College International Student Newsletter

VOLUME 2, ISSUE 6

SPRING 2013, MARCH 29

CIUS, BUILDING 5, 2ND FLOOR



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INSIDE THIS ISSUE

Celebrating Holi

Exploring San Francisco

Spring Fling Spirit Thursday

Stress Workshop

Holi: India's Festival of Colors

Holi, 'festival of colors' is an insanely fun celebration of beauty and diversity of the human spirit. Traditionally in India, Holi is celebrated on the first full moon of spring. Men and women of all ages and walks of life toss colors and water at each other. Celebration spreads like a wild fire, as people splash and get splashed by color. The celebration is fueled by upbeat music and even the shyest soul starts dancing like no one is watching.

The mythological belief of the origins of Holi vary across India. 'Holi' in hindi means 'burning', and is considered as a symbol of the triumph of good over evil. One of the prevailing beliefs is that Holi is associated with King Hiranyakashipu. The King wanted to avenge the death of his brother who was killed by Lord Vishnu, who preserves life and death in the Universe. The King prayed for many years and thought he had become invincible. Filled with arrogance, he ordered people in his kingdom to worship him instead of God. The King had a young son, Prahalad, who was an ardent devotee of God and despite his father's orders continued to pray to God. Outraged, the evil

King wanted to get rid of his son. The king asked a favor of his sister, Holika, who was immune to fire. She sat in fire with Prahalad on her lap. At the end, Prahalad emerged unharmed and Holika was burned to ashes. The complete submission to God saved young Prahalad. Huge bonfires are lit up every year on the eve of the full moon night to symbolize the burning of Holika and to celebrate good over evil.

Holi has expanded and evolved from its origins into a symbolic celebration of the goodness and joy in everyone. It doesn't matter how you look, whether you are rich or poor, old or young, all get immersed in colors, walls of judgment are dismantled, and everybody gets to rejoice just for 'being.'



Important Dates

Monday, April 1-5

Spring Break (No Classes)

Monday, April 8, 9am-12pm, Learning Ctr

Drop-in Writing Tutoring

Thursday, April 11, 8:30am-12:30pm, Learning Ctr

Drop-in Writing Tutoring

Friday, April 12, 1pm-3pm, Learning Ctr

Drop-in Writing Tutoring

Monday, April 9, 9am – 12pm, Bldg 5-123

Resume Creation Workshop

Wednesday, April 10, 1pm – 2pm, Bldg 5-123

Cover Letter Workshop

Thursday, April 11, 1pm – 2pm, Bldg 5-123

Interviewing Essentials Workshop

Saturday, March 30, 12 pm – 3pm

Cañada Baseball vs Ohlone College

Thursday, April 11, 2:30pm – 5:30pm

Cañada Baseball vs Chabot College



Explore San Francisco During Spring Break



San Francisco City Guides

www.sfcityguides.org/

We are local volunteers who love the City, its history, lore and legends...and we're ready to share it all with you. Walking tours include the Japanese Tea Garden, Chinatown, North Beach, Gold

Rush City, Fisherman's Wharf, and Golden Gate Bridge.

Asian Art Museum www.asianart.org/

This museum is free on the first Tuesday of each month. It offers a wide array of different collections of Asian art, ceramics, textiles, paintings, and more. Current exhibit includes China's Terra Cotta Warriors.

De Young Fine Arts Museum <http://deyoung.famsf.org/>

Visit this sculpture garden that is located in Golden Gate park. The museum is free the first Tuesday of each month.

Chabot Space & Science Center www.chabotspace.org/

Take a 180 degree look at the evening sky for free. Come on Friday or Saturday evenings for this free show. It is open from dusk -10:30pm April to October and 7:30pm - 10:30pm November to march.

San Francisco Zoo www.sfzoo.org/

Come and visit all the different sea life at this aquarium. Admission is free on the first Wednesday of each month.

Lindy in the Park

www.lindyinthepark.com/

Attend a free swing dance party every Sunday between 11 am and 2pm at the Golden Gate Park.



Middle Eastern

Spring Flung Spirit Thursday

Thursday, April 11

11:30-1:00pm

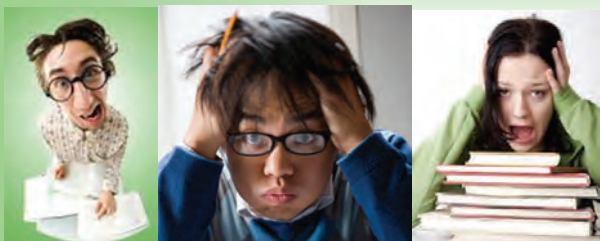
Upper Quad

- ◆ Henna
- ◆ Palm Reading
- ◆ Live Music from Zawaya

First 200 students, staff and faculty wearing Cañada Gear or show Student Id receive free Mediterranean food.



STRESSED?



Friday, April 19, 11:00am-12:30pm

Building 5-227

Are you feeling a little overwhelmed? Worried about finals, missing home, planning for the future? Join the Health Center staff and other international students to share tips on how to better manage your time, prevent and reduce stress, and succeed as an international student.

INTERNATIONAL STUDENT PROGRAM

Lucy Salcido Carter

carterl@smccd.edu

Director, CIUS

Supinda Sirihekaphong

sirihekaphongs@smccd.edu

Project Director

International Support Services

Cañada College

Center for International and University Studies

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If you'd like to share your culture and experience by contributing to *The Olive Branch*, please contact Supinda.

INSIDE THIS ISSUE

St. Patrick's Day

Baseball Game: Cañada vs.
College of San Mateo

International Film Night

Tax Info for F-1 Students

St. Patrick's Day: History and Celebration

Saint Patrick's Day or the Feast of Saint Patrick, is a cultural and religious holiday celebrated on the 17th of March. It is named after Saint Patrick, the most commonly recognized patron saint of Ireland.

Saint Patrick's Day was made an official feast day in the early 17th century and is observed by the Catholic Church, the Anglican Communion, the Eastern Orthodox Church and the Lutheran Church. For Christians, the day commemorates Saint Patrick and the arrival of Christianity in Ireland. However, it has gradually become more of a secular celebration of Irish culture. The day generally involves public parades and festivals, and wearing of green attire or shamrocks.

Originally, the color associated with Saint Patrick was blue. Over the years the color green and its association with Saint Patrick's Day grew. Green ribbons and shamrocks were worn in celebration of Saint Patrick's Day as

early as the 17th century. Saint Patrick is said to have used the shamrock, a three-leaved plant, to explain the Holy Trinity to the Irish. The phrase "the wearing of the green", meaning to wear a shamrock on one's clothing, derives from a song of the same name.



Important Dates

Thursday, March 21, 2:00pm, Bldg 5-350

International Communication Club Meeting

Tue, Mar 19 & 26, 3:15-5:00pm, Bldg 2-10

ASCC Weekly Board Meetings

Mon, March 18 & 25, 9am – 12pm, Learning Ctr

Drop-in Writing Tutoring

Thu, Mar 21 & 28, 8:30am–12:30pm, Learning Ctr

Drop-in Writing Tutoring

Fri, March 22 & 29, 1pm – 3pm, Learning Ctr

Drop-in Writing Tutoring

Wed, March 20, 1pm – 2pm, Bldg 5-123

Cover Letter Workshop

Tue, March 19, 10am – 1pm, Learning Ctr

Notre Dame de Namur Uni Representative

Thu, March 28, 10am – 2pm, Bldg 9-142

UC Berkeley Representative

Tue, March 26, 11:30am – 12:00pm

Lockdown Drill

The entire campus will participate in a lockdown drill to learn about what to do in an event of an emergency.

Wed, March 20 & 27, 5pm – 6pm, Bldg 6-102

STEM Speaker Series

Explore the worlds of science, technology, engineering and math in a real world context with professionals in the field.

Thu, March 28, 12pm – 1pm, Bldg 6-102

Understanding Social Media

A lecture with Michelle Sargent focusing on topics of interest for small business owners and entrepreneurs. Sponsored by Center for Entrepreneurial Opportunities.

Friday, Mar 29, 2013

Deadline: Petition for degrees completion

Tax Info for F-1 Students

Come show your Cañada pride by cheering on your baseball team and learn about the basics of baseball.



Saturday, March 16, 12:00pm

Cañada College Baseball Field

Meet other international students from Cañada and College of San Mateo.

Confirm your attendance by emailing sirihkaphongs@smccd.edu.

All international students are required to submit federal tax forms to the Internal Revenue Service.

All international students must submit Form 8843 (<http://www.irs.gov/pub/irs-pdf/f8843.pdf>) to report your F-1 student status. If you have not earned income, this is the **ONLY** form you are required to submit by **June 15**.

Mail Form 8843 and copy of immigration documents:

Department of the Treasury
Internal Revenue Service Center
Austin, TX 73301-0215

International students who earned income must also submit Form 1040NR (<http://www.irs.gov/pub/irs-pdf/f1040nre.pdf>). You may find detailed instructions here: <http://www.irs.gov/pub/irs-pdf/i1040nre.pdf>.

Earned income is any compensation received from:

- On-campus employment;
- Off-campus employment (CPT or OPT); and
- Scholarships received for non-tuition expenses (books, supplies, and living expenses)

If you have earned income, mail your immigration documents, Form 8843 AND Form 1040NR by **April 15**:

If you are owed a tax refund check:

Department of the Treasury
Internal Revenue Service
Austin, TX 73301-0215

If you must pay taxes:

Internal Revenue Service
P.O. Box 1303
Charlotte, NC 28201-1303

The poster has a red and yellow background with a pattern of small dots. At the top, it says 'Tax Workshop For F-1 International Students' in large white letters. Below that, it lists the topics: 'International students are encouraged to attend this workshop to learn about: • Federal (US) and state (CA) tax obligations • How to fill out tax forms'. It then says 'Students are encouraged to bring: • Immigration documents • Tax documents such as W-2 Summary of Earnings'. At the bottom, it says 'Please email sirihkaphongs@smccd.edu to register for the workshop.' The footer includes the 'CENTER FOR INTERNATIONAL & UNIVERSITY STUDIES CANADA COLLEGE' logo and the date 'Thursday, March 7 & Wednesday, March 27 1:00-2:30pm Building 5, Room 227'.

Tax Workshop
For F-1 International Students

International students are encouraged to attend this workshop to learn about:

- Federal (US) and state (CA) tax obligations
- How to fill out tax forms

Students are encouraged to bring:

- Immigration documents
- Tax documents such as W-2 Summary of Earnings

Please email sirihkaphongs@smccd.edu to register for the workshop.

CENTER FOR INTERNATIONAL & UNIVERSITY STUDIES
CANADA COLLEGE

Thursday, March 7 & Wednesday, March 27
1:00-2:30pm
Building 5, Room 227

The poster features a film strip border at the top. On the left is the Cañada College logo. In the center, it says 'International Film Night' in red. Below that is a movie poster for 'BLOODY SUNDAY' featuring James Nesbitt and Gerard McSorley. To the right of the movie poster, it says 'WED, MARCH 20, 2013 4:00-6:00pm BUILDING 3-104'. At the bottom, it says 'FREE FOOD AND FILM FROM IRELAND' and 'SPONSORED BY: INTERNATIONAL COMMUNICATION CLUB'.

INTERNATIONAL COLLEGE
ESTABLISHED 1954

International Film Night

JAMES NESBITT GERARD MCSORLEY
BLOODY SUNDAY

WED, MARCH 20, 2013
4:00-6:00pm
BUILDING 3-104

FREE FOOD AND FILM FROM IRELAND

SPONSORED BY: INTERNATIONAL COMMUNICATION CLUB

The Olive Branch

Cañada College International Student Newsletter

VOLUME 2, ISSUE 2

SPRING 2013, MARCH 1
CIUS, BUILDING 5, 2ND FLOOR



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INSIDE THIS ISSUE

Baseball: All-American Sport?

Spotlight on the STEM Center

3.14 Pi Spirit Thursday

Co-sponsored by ASCC and the STEM Center

Baseball: All-American Worldwide Sport

By: Dylaney Brown from Alberta, Canada

It is no surprise that baseball plays not only a major part in its player's lives but it has been a favorite, all-American, past time for many generations. As authors John S. Bowman and Joel Zoss stated, "As part of the fabric of American culture, baseball is the common social ground between strangers, a world of possibilities and of chance, where it's never over till it's over" (baseball-almanac.com).

The game of baseball dates back to the 18th century. Amateurs used to play games similar to baseball with informal rules and improvised equipment all the time. Around the 1860's the sport struck popularity and baseball clubs were created. The game was originally called "rounders," based on a similar game played in Britain.

The first team to play baseball using modern rules was the New York Knickerbockers on September 23, 1845. Baseball got its major popularity during the 1860's and the first

National Association of Baseball Players was formed shortly after. According to answers.com, baseball is the second most popular sport in America.

According to the International Baseball Federation (www.ibaf.org), the game really became international in the 20th century. Organized baseball leagues started spreading all over the world: 1922 in The Netherlands, 1934 in Australia, 1936 in Japan, 1938 in Puerto Rico, 1945 in Venezuela and Mexico, and 1948 in Italy.



VS.



Cañada College vs. College of San Mateo

Saturday, March 16, 12:00pm

Cheer on the Cañada Colts as they play against the CSM Bulldogs. Meet other international students from Cañada and College of San Mateo.

Important Dates

Thursday, March 7, 2:00pm, Bldg 5-350

International Communication Club Meeting

Friday, March 8

NO CLASSES

Fri, Mar 1 & 15, 1pm-3pm, Learning Center

Drop-in Writing Tutoring

Mon, Mar 4 & 11, 9am-12pm, Learning Ctr

Drop-in Writing Tutoring

Thu, Mar 7 & 14, 8:30am-12:30pm, Learning Ctr

Drop-in Writing Tutoring

Tue, Mar 5, 2pm

Cañada College Baseball vs. Gavilan

Tue, Mar 12, 2:30pm

Cañada College Baseball vs. West Valley

Tue, Mar 5 & 12, 3:15-5:00pm, Bldg 2-10

ASCC Weekly Board Meetings

Wed, Mar 6, 10am-2pm, Bldg 9-142

UC Berkeley Representative on Campus

Mon, Mar 11, 10:30am-1:30pm, Learning Ctr

Art Institute Representative on Campus

Tue, Mar 12, 11am-2:00pm, Learning Ctr

CSU East Bay Representative on Campus

Thu, Mar 14, 2pm-3pm, Bldg 9-106

Transfer Center: Common Application

Tue, Mar 5, 1pm, Bldg 5-123

Resume Creation Workshop

Tue, Mar 12, 1pm, Bldg 5-123

Interviewing Essentials Workshop

Cañada College
STEM²⁰¹³
Speaker Series

mar

- 6 **Andrea Foster**
Potentially Toxic Elements in Ecosystems
Geologist, US Geological Survey
- 13 **Women in STEM**
Panel Discussion
- 20 **Saniya Leblanc, PhD**
Research Scientist
Alphabet Energy
- 27 **Cañada STEM Alumni**
Panel Discussion

Wednesdays
5:00 - 6:00 pm
Building 6-102
FREE and open to the public
canadacollege.edu/STEMcenter/SpeakerSeries



March 14 (3.14) Pi

Spirit Thursday

12:15-1:30pm

Upper Quad

First 200 students wearing
Cañada College gear or show a
Cañada Student ID receives

FREE LUNCH!

Engineering Students Present: Nano Electronics

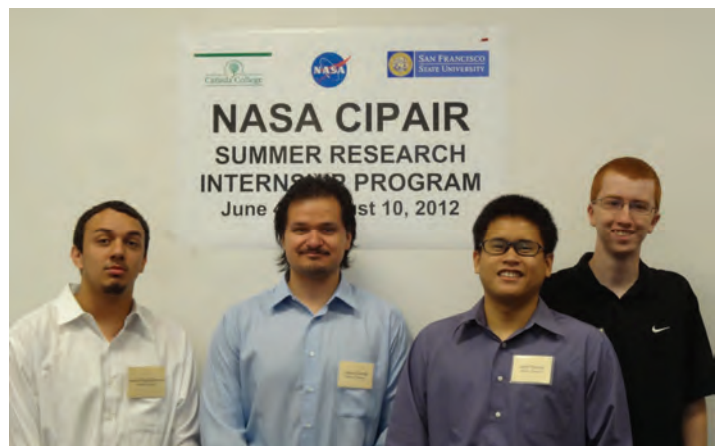
Three Cañada College engineering students will present original research on nano-scale circuits at the **Interdisciplinary Engineering Design Education Conference** to be held March 4-5 in Santa Clara. Their paper is titled, *“Engaging Undergraduate Students in Nano-Scale Circuit Research Using Summer Internship.”*

Students Jesus Garcia, Hector Prado-Guerrero, and Joshua Lohse (who has subsequently transferred to UC Santa Cruz), participated in a 10-week summer research internship through the **NASA Curriculum Improvement and Partnership Awards (CIPAIR) Program**. They were joined by former Cañada College student John Paulino, who is now studying engineering at UC Berkeley. The paper describes the results of their work on the analysis of performance degradation of integrated circuits due to transistor aging effects in nano-scale.

“I feel coming to Cañada was one of the best choices I’ve ever made,” Prado-Guerrero said. “Working with (Professor of Mathematics and Engineering) Dr. Amelito Enriquez and Cathy Lipe (Director of the STEM Center), the opportunities here are endless.”

Garcia agreed. “Coming to Cañada has been one of the best decisions I have ever made. Cañada has an excellent engineering program and faculty.”

See the full article [here](#).



From left: Jesus Garcia, Hector Prado-Guerrero, and former students John Paulino and Joshua Lohse

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INSIDE THIS ISSUE

Introducing Our New
International Student
Ambassadors

Germany's Karneval Festival

Redwood City Celebrates
Chinese Lunar New Year

Introducing Our New International Student Ambassadors for Spring 2013

CIUS is excited to introduce our new international student ambassadors:

- Khaoula "Kali" Charahbili from Morocco
- Milka Gledic from Montenegro
- Renata "Reni" Horvath from Hungary
- Rui Xuan "Cherry" Zhang from China

The International Student Ambassador Program goals are to:

1. Provide current international students opportunities for mentoring and leadership development.
2. Provide new international students with a peer support network to help them navigate a new environment and to integrate international students into the larger college community. International student ambassadors serve as role models and share first-hand experiences on how

to succeed academically and socially.

3. International student ambassadors will support CIUS's goal of delivering high quality, student-centered and personalized attention so that all students can achieve their goals.

Congratulations Kali, Milka, Reni, and Cherry!



Employment Workshop

For F-1 International Students

International students are encouraged to attend this workshop to learn about:

- F-1 immigration regulations regarding employment
- What U.S. employers value
- How to write a cover letter and resume
- How to present yourself well during an interview
- U.S. business etiquette

Sponsored and presented by: Career Center, Center for International & University Studies, and Cooperative Education

Thursday, February 21, 2013

1:00-2:30pm

Building 5, Room 227

Cañada College Career Center

CENTER FOR INTERNATIONAL & UNIVERSITY STUDIES
CAÑADA COLLEGE

Important Dates

Fri-Mon, Feb 15-18, President's Day Weekend

NO CLASS

Fri, Feb 15, Scholarship Application Deadline

<https://starsonline.smccd.edu/Stars>

Fri, Mar 29

Deadline for Petition for AA/AS Degree

Thu, Feb 21, 8:10am-12:30pm, Learning Ctr

Drop-in Writing Tutoring

Fri, Feb 22, 1:00pm-3:00pm, Learning Ctr

Drop-in Writing Tutoring

Mon, Feb. 25, 9:00am-12:00pm, Learning Ctr

Drop-in Writing Tutoring

Thu, Feb. 28, 8:30am-12:30pm, Learning Ctr

Drop-in Writing Tutoring

Tue, Feb 19, 10:00am-2:00pm, Bldg 9-142

UC Berkeley University Rep

Tue, Feb 19, 10:00am-1:00pm, Learning Ctr

Notre Dame de Namur University Rep

Wed, Feb 20, 10:00am-1:00pm, Learning Ctr

Dominican University Rep

Thu, Feb 21, 11:00am-2:00pm, Learning Ctr

CSU East Bay University Rep

Tue, Feb. 26, 10:00am-1:00pm, Learning Ctr

American Public University Rep

Thu, Feb. 28, 1:00pm, 2:00pm, Bldg 9-106

Transfer Ctr Workshop: Navigate ASSIST

Tue, Feb. 19 & 26, 3:15-5:00pm, Bldg 2-10

ASCC Weekly Board Meetings



Germany's Historic Karneval Festival

By Rosa E. from Germany

While America is getting ready for Valentine's Day and the air is full of love, Germany has been preparing for months for one of the most popular and most eagerly awaited festivals, Karneval. Every year Germans await November 11th when at precisely 11:11am, the 5th season begins. "Jecken" (a term for anyone celebrating Karneval) get together and start planning Karneval festivities. What Halloween is for the American, Karneval is for the German, minus the spooky, dark atmosphere but plus family-friendly comedy and parades at the end of the season in February.

Every region has their own customs and traditions but they all follow the same pattern. Starting in November various Karneval societies prepare their dancers,

musicians, and comedians for the numerous shows during Karneval season.

The height of this very merry season is the week before and the week of Ash Wednesday. During these two weeks, all sorts of costumes fill the towns with parades. The parades are to German kids what trick-or-treat is to American kids. Most cities have their own parades where people gather to watch beautifully crafted carts of all shapes and sizes that are loaded to the brim with candy and treats. Ash Wednesday is the last day of the German Karneval season. It is the last day of unconditional amusement followed by 40 days of Lent and Easter.

Since its beginnings over 5000 years ago, Karneval has come a long way, reaching people all over the world. It now has many different faces in many different continents and cultures. Germany, for one, would never be the same without its Karneval Germans.

THE TRUTH ABOUT STORYTELLING AND BASKETWEAVING



Cañada College welcomes **master storyteller and basket weaver Lois Conner Bohna** and **storyteller and tribal historian Ron Goode**, both representing the Mono people.

Wednesday, February 20 2:10-5:00 pm in 3-142

Thursday, February 21 8:10-11:30 am in 3-142

Join us for an afternoon or morning of **Mono Culture** as we hear stories, learn tribal history, and participate in the processing of traditional basketweaving materials.

SPONSORED BY: Associated Students of Cañada College, Center for Innovation and Excellence in Teaching, and the Cañada College Humanities and Social Sciences Division/ English Department



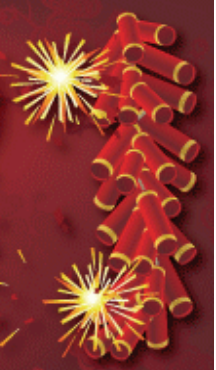
CELEBRATE THE YEAR OF THE SNAKE!

LUNAR NEW YEAR

SATURDAY, FEBRUARY 23, 2013

1:00AM - 4:00PM

COURTHOUSE SQUARE 2200 BROADWAY ST. REDWOOD CITY



JOIN OTHER INTERNATIONAL STUDENTS TO CELEBRATE THE LUNAR NEW YEAR.

EMAIL SIRIHEKAPHONGS@SMCCD.EDU TO CONFIRM YOUR PARTICIPATION.

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carterl@smccd.edu

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INSIDE THIS ISSUE

Chinese New Year

Cañada College Scholarships

Welcome Back Week

International Communication
Club is Looking for Members

Happy Chinese New Year Year of the Snake

By Cherry Zhang and Tianqi Zheng from China



According to the Chinese zodiac, the year of 2013 is the year of the snake, which begins on February 10, 2013 and ends on January 30, 2014.

In China, people celebrate the new year by cleaning their homes to get rid of the old to make room for the new. They also get together with family members and share how they did last year and compare how they will do this year. Children also get money from their elders, which is called "New Year Lucky Money."

On the last day of the new year celebration, there is a Spring Festival called "chuxi" where people decorate their homes with paper cuttings that symbolize good luck. Some families stay home and make dumplings together while they watch the Spring Festival on TV or they walk the streets with lanterns and light

firecrackers. This lantern festival usually marks the end of the new year celebrations.

The Snake, also called Junior Dragon, is the sixth sign of the Chinese Zodiac, which consists of 12 animal signs. The snake is usually associated with mystery, instinct and sensitivity; so the ancient Chinese people believe that people born in the year of the snake are ambitious, intelligent and have a crafty character. As a result, most people born in the year of the snake would make great mediators and entrepreneurs.

However, 2013 is a water snake year, which means that priority for people in this year should be to be thrifty and economical. People born in the year of the snake should be careful of fraud and deception this year. Nevertheless, Chinese people who are born in the year of the snake should wear red clothes this year, in order to expel evil spirits and bring luck.

Important Dates

Tue, Feb 5, 1pm-2pm, Bldg 5-123

Career Center, Resume Workshop

Thu, Feb 7, 1pm-2pm, Bldg 9-106

DegreeWorks Workshop

Tue, Feb 12, 10:30am-1:30pm, Learning Ctr

The Art Institutes Representative Visit

Wed, Feb 13, 10am-2pm, Transfer Ctr

UC Berkeley Representative Visit

Tue, Wed, and Thu, Feb 12-14, 12pm-1:30pm

Welcome Back Week, Club Rush, Upper Quad

Sat, Feb 2 & 9, 10am-2pm, Library

Drop-in Math Tutoring

Mon, 9am-12pm, Thu, 8:30am-12:30pm,

and Fri, 1pm-3pm, Learning Ctr

Drop-in Writing Tutoring,

Tue, Feb 5, 10:00am-2:30pm, Learning Ctr

STEM Center Welcome Day

Wed, Feb 6, 5pm-6pm, Bldg 6-101

STEM Speaker Series: Judy Kjelstrom,

Director, UC Davis Biotechnology

Apply for Scholarships



The 2013-2014 Cañada College scholarship application is now open. Cañada College offers many scholarships with awards ranging from \$100 to \$2,500 for new, continuing, and transfer students.

Students must submit the following by FEBRUARY 15, 2013, in order to apply for scholarship for the upcoming academic year starting Fall 2013:

1. Complete the online scholarship application at <https://starsonline.smccd.edu/Stars>.
2. Academic transcript
3. Personal statement
4. At least one letter of recommendation



International Communication Club

The International Communication Club is still looking for new officers for the Spring 2013 semester:

President	Treasurer
Vice President	ASCC Liaison
Secretary	Publicity Officer

Interested in being a student leader and sharing your culture with others?

Email Supinda the Club Advisor at sirihekaphongs@smccd.edu



Welcome Back Week Spring 2013

Club Rush, 11:30-1:30, Upper Quad

Sign up to be a member of a student club. Visit 6 club or program tables and win a FREE T-shirt or food.

Tuesday, February 12: Mardi Gras

Wednesday, February 13: Chinese New Year

Thursday, February 14: Io "Cuore" (Valentine)

Free food for the first 200 wearing Cañada clothing or showing a Cañada ID.



Sponsored by: Associated Students of Cañada College

The Olive Branch

Cañada College International Student Newsletter

VOLUME 2, ISSUE 2

SPRING 2013, JANUARY 18

CIUS, BUILDING 5, 2ND FLOOR



INTERNATIONAL STUDENT PROGRAM

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INSIDE THIS ISSUE

International Students at Cañada College

Welcome Back Checklist

Spirit Thursday

International Communication Club is Looking for Officers

International Students @ Cañada College



Welcome to Cañada College! On January 14, 46 new and returning international students started another exciting semester at Cañada College. The international students are from 24 different countries and are studying everything from Accounting, Fashion Design, Multimedia Art & Technology, and Psychology. We wish you all a semester filled with challenges that lead to great success.

Australia
Brazil
Canada
Chile
China
El Salvador
Germany
Hungary
India
Israel
Japan
Philippines

Mexico
Montenegro
Morocco
Poland
Saudi Arabia
Serbia
South Africa
South Korea
Sri Lanka
United Arab Emirates
Venezuela
Vietnam

Important Dates

Monday, January 21– Martin Luther King Jr. Birthday (NO CLASS)

Monday, January 28– Last day to ADD classes

Monday, January 28– Last day to drop a class with refund

Monday, January 28– Deadline to submit CHECK IN FORM to CIUS

Thursday, January 31– Spirit Thursday, 12:15-1:30pm, Upper Quad

Monday, February 4– Last day to drop a class with no record



Welcome Back Checklist



- Submit a CHECK IN FORM and proof of health insurance to CIUS. If you travelled outside of the U.S. during the winter break submit copies of updated immigration documents.
- Register in at least 12 credits and attend all your classes. The last day to ADD and DROP a class for a refund is Monday, January 28. If you are unable to register full-time, please meet with Supinda to discuss your immigration status.
- Don't forget your textbooks. The Bookstore has used and new textbooks for sale and for rent and is open Monday through Thursday from 8:00am to 8:30pm and Friday from 8:00am-5:00pm.
- Need additional academic help? Make an appointment to meet with a tutor at the Learning Center. You can make appointments through WebSmart or by visiting the Learning Center in Building 9, 2nd Floor.
- Need extra help paying for tuition? Apply for Cañada College scholarship by February 15, 2013 at <http://canadacollege.edu/financialaid/scholarship.php>.
- Not feeling well? The Health Center, located in Building 5-303, is open and free to all Cañada College students.
- Get involved in campus clubs and activities. The first Spirit Thursday is January 31. The International Communication Club is looking for new officers, email Supinda if you are interested in serving.
- Don't know where to go with your questions? CIUS staff, Lucy and Supinda, are here to help in any way that we can in Building 5, 2nd Floor.



Welcome Back Spring 2013

Super Bowl

Spirit Thursday

Thursday, January 31

12:15-1:30pm & 5:30-7:00pm

Upper Quad

Free food for the first 200 wearing Cañada clothing or showing a Cañada ID.

Sponsored by:

Associated Students of Cañada College



International Communication Club

The International Communication Club
is looking for new officers:

President

Treasurer

Vice President

ASCC Liaison

Secretary

Publicity Officer

Interested in being a student leader
and sharing your culture with others?

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sirihekaphongs@smccd.edu

The Olive Branch

Cañada College International Student Newsletter

VOLUME 2, ISSUE 1 FALL 2012, JANUARY 11
CIUS, BUILDING 5, 2ND FLOOR



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INSIDE THIS ISSUE

International Student
Orientation
New Counselor
Start Your Semester Off Right

International Student Orientation Spring 2013

Cañada College welcomed 7 new international students this semester. On January 3rd and 4th, the new international students participated in an international student orientation that included a special welcome from our new president, Dr. Lawrence Buckley and an introduction to the Center for International and University Studies (CIUS) by CIUS director, Lucy Salcido Carter.

After having a welcome lunch, the students were given a campus tour and were introduced to the U.S. educational system by Transfer Center supervisor, Soraya Sohrabi. The students also discussed their educational goals with Sarah Aranyakul and Supinda Sirihekaphong and they helped them register in classes and gave them important information so that they are ready for the first few weeks of the semester.

The International Student Orientation has an extended schedule to provide new students with information about additional resources on campus:

Thursday, Jan. 10, 12:30-1:30pm, Bldg 8-119
Classroom Expectations & Academic Integrity

Thursday, Jan. 17, 12:00-1:00pm, Library
Study Skills: Library and Learning Center Tour

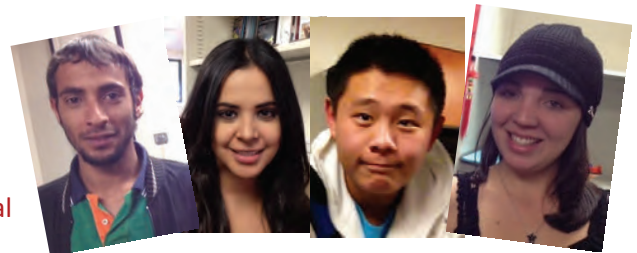
Thursday, Jan. 24, 12:00-1:00pm, Bldg 8-119
Health and Wellness Tour of the Health Center

Thursday, Jan. 31, 12:00-1:00pm, Bldg 8-119
U.S. Educational System: Transfer Center

Lucy and Supinda would like to send a special thank you to our international student volunteers, Yuuki and Gosia, for their help welcoming the new international students.

Welcome

New International Students



Important Dates

- Monday, January 14– First day of class
- Monday, January 21– Martin Luther King Jr. Birthday (NO CLASS)
- Monday, January 28– Last day to ADD
- Monday, January 28– Last day to DROP with partial refund
- Monday, February 4– Last day to DROP with no record
- Tuesdays, 2:00-4:30pm- Counseling Appointments Open with Sarah





INSIDE THE NEXT ISSUE

Please fill out the online survey that was emailed with this newsletter. We'd like to know...

“What did you do during the winter break?”

Cañada Welcomes a New Counselor

First, we want to congratulate Mario Mihelcic on his transfer back to College of San Mateo. He will be missed here at Cañada College. Secondly, we want to welcome Sarah Aranyakul to Cañada College. Sarah is a new counselor in the counseling department and has designated counseling hours on Tuesday afternoons for international students.

Previously, Sarah was an adjunct counselor at City College of San Francisco for six years and Gavilan College for four years. She has experience working with students from diverse backgrounds.

Sarah was a Cañada College graduate with an Associate's degree in Business Administration. She holds a Bachelor's degree in Management from Golden Gate University and a Master's degree in Counseling from Santa Clara University.

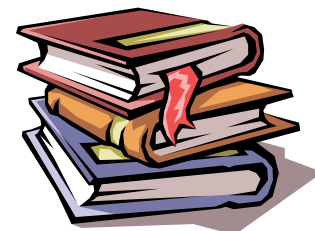
She was born and raised in Thailand, and once was an international student. The experience has helped her be more aware of challenges that international students are facing while pursuing an education in the United States. As an English learner herself, she can empathize with students trying to learn a new language and adjust to a new culture.



Sarah provides academic, career, and personal counseling. She is very glad to return to Cañada College and to be part of the community. She looks forward to working with you and assisting you in achieving your educational and career goals.

Tips on Starting Your Semester Off Right

We hope you had a wonderful winter break and are ready for the new semester. Here are a few tips to make sure that you start your semester off right!



1. Check in with CIUS by submitting a check in form with your updated contact information and copies of proof of health insurance and any updated immigration documents. You must check with CIUS before the ADD deadline, Monday, January 28.
2. Enroll in at least 12 credits. Please be aware that only one online class counts towards full-time enrollment and any dropped classes do not count towards full-time enrollment. If you are unable to register in 12 credits, please meet with Supinda to discuss if you are eligible for authorization for a reduce course load.
3. Meet with a counselor. Whether it is to complete an associate's degree or transfer to a 4-year college/university, a counselor will make sure that you are on track to achieving your educational goals. You may meet with any counselor, but Sarah has appointments just for international students on Tuesday afternoon.
4. Attend all your classes and stay engaged. If you need any help, ASK! Ask your professors, ask your counselor, ask Supinda or Lucy. We will help you in any way that we can and may recommend getting a tutor at the Learning Center in Building 9, 2nd Floor.
5. Not feeling well? The Health Center is free and open to all Cañada College students. They can help you if you have a headache, need a nap, have a cold, are missing home, or are feeling overwhelmed with the first few weeks of the semester. The Health Center is located near the Grove in Building 5-303.